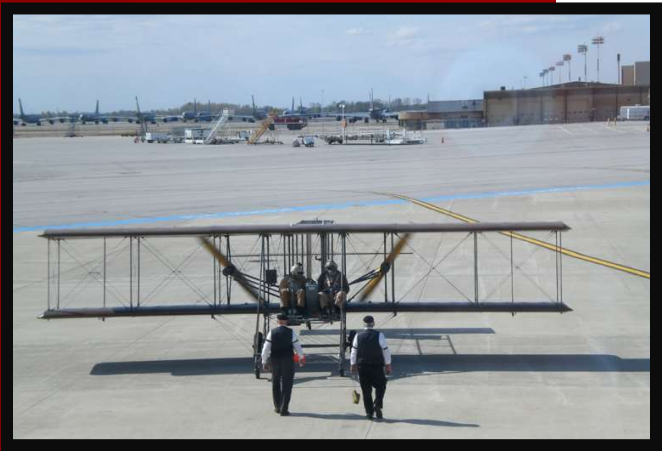


Caesar's Travel



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The Xpressions

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At least 49 dead in fire at building housing workers in Kuwait

At least 49 people were killed in Kuwait on Wednesday after a fire broke out in a building housing foreign workers, with Kuwait's deputy prime minister accusing property owners of committing violations that contribute towards such incidents.

The nationalities of those who died were not immediately disclosed by authorities. India's ambassador visited hospitals where workers were being treated for injuries sustained in the fire.

At one hospital, more than 30 Indian citizens were admitted, the embassy wrote on social media, adding that at least 47 workers had received treatment in hospitals.

Several Indians, including from the southern state of Kerala, were reported to have died in the fire, according to a letter written by Kerala chief minister Pinarayi Vijayan to India's foreign minister that was shared with the press.

A government agency for Keralites living outside the state said it had been told by the Indian community in Kuwait that 41 Indians, including 11 from Kerala, had died in the fire.

Visiting the site, Deputy Prime Minister Sheikh Fahad Yusuf Saud Al-Sabah said "the greed of real estate owners is what leads to these matters". It was not immediately clear if any violations had taken place at the building or what they were.

Low paid, blue collar workers in the Gulf often live in overcrowded accommodation. Local authorities did not disclose what kind of employment the workers were engaged in, though like in other Gulf states, Kuwait relies heavily upon foreign labour in industries like construction, including from South and Southeast Asia.

An Egyptian who survived the fire and worked as a driver in Kuwait, told local media the fire had started on a lower floor and that those on higher levels were unable to escape. He said the building had filled with thick smoke.



Three of 11 Filipino workers in the building were brought to hospitals, while the status of five remained unclear and three were safe, the Philippine migrant workers ministry said in a statement on Thursday.

Emir Sheikh Meshal al-Ahmad al-Sabah ordered an immediate investigation into the cause of the fire and said that any officials found responsible would be held accountable.

The interior ministry, which said the death toll had risen to 49, was investigating, searching the site for victims and working to identify those who had died, state media reported.

The fire in Mangaf, a city along the coast south of the capital Kuwait City, was reported to local authorities at 6 a.m. (0300 GMT), Major General Eid Rashed Hamad told state television. It was later contained.

Another senior police commander told state television that many people had died from smoke inhalation, and dozens were rescued. He said the building housed a large number of workers.

The senior police commander said authorities had warned against housing too many workers in a single accommodation, but didn't say if regulations had been flouted.

Indian Prime Minister Narendra Modi described news of the fire as saddening in a post on social media platform X.

"My thoughts are with all those who have lost their near and dear ones. I pray that the injured recover at the earliest," he said.

Health Ministry Establishes KD2 Service, KD5 Medicine for Expats

The Ministry of Health has amended the healthcare fees for foreigners, reports Al-Seyassah daily. The amendment exempts illegal residents (Bedouns) holding valid security cards, children of Kuwaiti women married to non-Kuwaitis, non-Kuwaiti men married to Kuwaiti women, citizens of other Gulf Cooperation Council (GCC) member-states provided they hold valid civil identification cards or passports, scholarship students, wards of social care centers, youths below 18 years old who are suffering from cancer, non-Kuwaiti children below 12 years old who have severe disabilities, prisoners, domestic workers staying in domestic labor shelters, and members of official envoys and transit passengers.

The illegal residents (Bedouns) with expired



security cards and registered in the health insurance system will pay KD10. Expatriates and diplomats registered in the health insurance system will pay KD2 as service fee in addition to KD5 for medicines. Visitors who are not registered in the health insurance system will pay KD10. Domestic workers will pay KD1 for services and medicines. Non-Kuwaiti employees in ministries and their family members will pay KD2 for services in addition to KD5 for medicines. They are exempted from the X-Ray and nuclear medicine fees.

Kuwait Is Expecting Hotter Days with Dust Storms



Kuwait is set to enter the ‘Al Thuraiya’ season, which begins tomorrow, Friday, and will last for 13 days. This season is characterized by a rise in temperatures and the onset of dust storms.

According to a statement issued by the Al-Ajiri Scientific Center on Thursday, during this time, plants start to dry out, and dust waves become more frequent.

Kuwait City ranked most affordable city in the world - survey

A survey conducted by Workyard Research showed that Kuwait City is the most affordable city in the world, with an average monthly income per person of \$6,199 and a cost of living of \$752.70.

In Kuwait City, expatriates can save a significant

portion of their income after covering basic expenses. In comparison, New York has become the least affordable city due to its high cost of living.

Abu Dhabi came second in the list of most affordable cities, combining high incomes with a low cost of living. The average monthly per capita income in Abu Dhabi is \$7,154, with living expenses amounting to around \$873.10.

Workyard experts analyzed data from 20 cities to assess the balance between incomes and living costs, including rent, food and utilities.

The data was drawn from government sources and compared average monthly income with average monthly living costs for 2023.

Kuwait to resume issuing visas to Filipinos

MANILA, Philippines – More than a year since Kuwait suspended the issuance of new visas to Filipinos entering the country for work and tourism, the Gulf state is set to ease restrictions for visitors and most types of workers, the Department of Migrant Workers (DMW) confirmed on Tuesday, June 25.

Deployment will resume once the DMW issues policy guidelines that include measures on strengthened protection of overseas Filipino workers (OFWs), which is expected in the coming months, according to DMW Secretary Hans Cacdac.

The guidelines will allow the resumption of deployment of professional, skilled, and semi-skilled Filipino workers to Kuwait. Domestic workers may also be deployed, as long as they have prior overseas working experience.

Some protective measures include the implementation of a blacklist and whitelist of recruitment agencies and employers, provision of salaries through electronic means, and the appointment of welfare officers to monitor OFWs in Kuwait.



In addition, Riyadh came third, with an average monthly income of \$6,245 and a cost of living of \$814.90.

Update your civil ID address or face a KD100 fine

The Public Authority for Civil Information (PACI) has warned that failure to amend the address in the civil identification card could lead to a fine not exceeding KD100 as per Law No. 32/1982. PACI recently published an announcement on the Official Gazette ‘Kuwait Al-Youm’ about the deletion of the addresses of 397 people based on the house owner’s acknowledgment or due to the demolition of the building.

It urged all those whose residential addresses were deleted and whose names were published in the gazette must register the new address and submit the supporting documents within 30 days from the date of publication. It stressed that failure to register the new address warrants a fine not exceeding KD100 as per Law No. 32/1982. In this context, PACI recently announced the launching of a new service through the unified government application, ‘Sahel’.

It disclosed that the ‘Address Availability’ service enables the user to inquire about the availability of a residential address in its records and amend the status



if necessary in order to avoid paying the stipulated fine. In other news, the Public Authority for Civil Information (PACI) has vehemently denied the rumor about the collection of fees for the authentication

process on ‘My Identity’ (Kuwait Mobile ID) application. PACI stressed that it provides services through the application for free; including authentication, e-signature and sending notifications.



Start operations of direct flight, Kuwait to Kathmandu from 15th August 2024

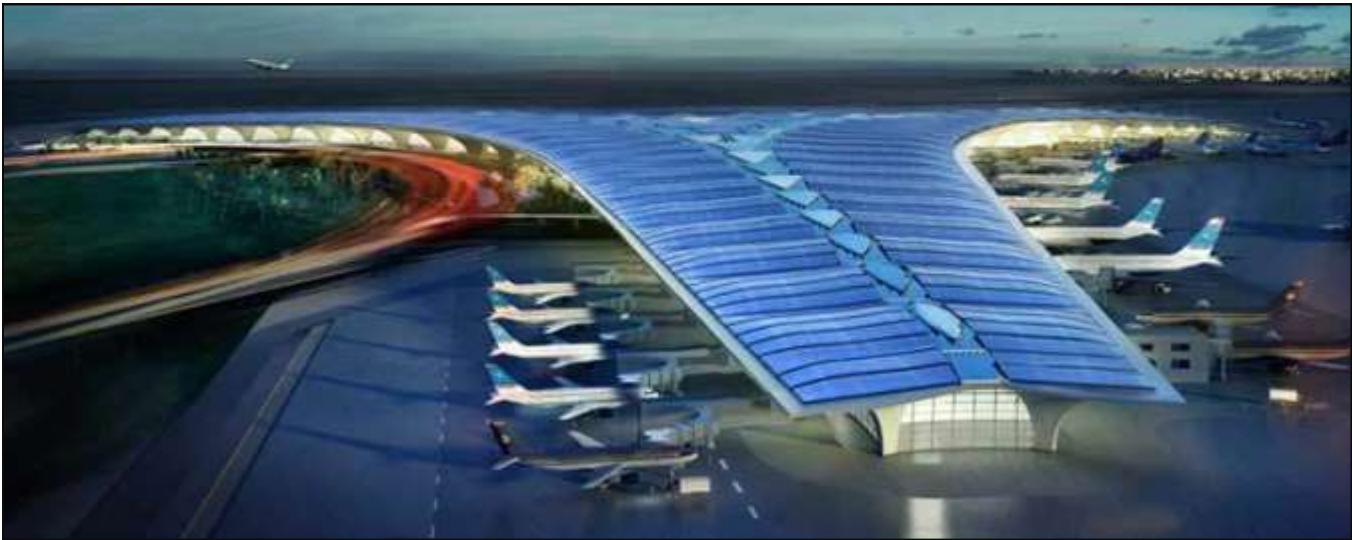
Destination	Dates	Days	Departure	Arrival
KWI - KTM	20 Aug - 22 Oct 24	Tue	04 : 15	11 : 50
KTM - KWI	20 Aug - 22 Oct 24	Tue	00 : 40	03 : 15

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Kuwait Airport Terminal 2 project gains momentum

Dr. Noura Al- Mashaan, Minister of Public Works and Minister of State for Municipal Affairs, emphasized Saturday the urgency of addressing and surmounting obstacles hindering the progress of the new passenger terminal project – Terminal 2. She highlighted the need for effective solutions to expedite construction. Following her meeting with Sheikh Hamoud Al-Mubarak Humoud Al-Sabah, President of Civil Aviation, Dr. Al-Mashaan stated to Kuwait News Agency (KUNA) that efforts are ongoing to develop Kuwait International Airport’s infrastructure and

Aviation, the Ministry of Interior, and the General Fire Force, with a focus on governmental performance. Dr. Al-Mashaan emphasized the commitment of all stakeholders to resolve outstanding issues promptly. This meeting forms part of a series of regular sessions aimed at ensuring the timely delivery of the new passenger terminal project, addressing any challenges with external partners to meet required standards. Dr. Al-Mashaan underscored close collaboration with the Civil Aviation Authority to overcome obstacles and maintain progress in this pivotal project, integral to



enhance its operational capabilities.

The discussion also encompassed matters concerning the General Administration of Civil

Kuwait’s national infrastructure development and economic enhancement. (KUNA)

Kuwait announces power cuts as demand spikes in summer heat, Country urges residents to ration consumption to ease the load on power plants

Kuwait has announced temporary power cuts in some parts of the country during peak consumption hours, saying it is struggling to meet increased demand spurred by extreme summer heat.

In a statement on Wednesday, Kuwait's Ministry of Electricity, Water and Renewable Energy said the scheduled cuts would occur for up to two hours a day, in the first such step for the OPEC member state as climate change causes temperatures to rise.

It blamed the cuts on "the inability of power plants to meet increased demand" during peak hours amid "a rise in temperatures compared to the same period in previous years." On Thursday, the ministry published a schedule of expected cuts across several parts of the country, after urging residents to ration consumption to ease the load on power plants.

Kuwait, one of the largest crude producers in the Organization of the Petroleum Exporting Countries (OPEC), is considered one of the world's hottest desert countries.

In recent years, climate change has made summer

peaks hotter and longer.

The extreme heat raises reliance on energy-guzzling



air conditioners which are ubiquitous in Kuwait during the summer months.

Temperatures neared 50 degrees Celsius (122 degrees Fahrenheit) on Thursday, according to Kuwait's Meteorological Department. "What we are experiencing today is the result of climate change," said Kuwaiti astronomer and scientist Adel Al-Saadoun, noting that temperatures are expected to

Kuwait Airport: 7 Seconds Immigration Amid Tight Security Checks

Kuwait International Airport’s “T1, T4, and T5,” has heightened its security and operations geared up for the travel season. Assistant Director of the General Administration of Airport Security, Brigadier General Badr Al-Shaya, anticipates that the airport will handle 5.5 million passengers, both departing and arriving, over 105 days across 42,000 flights.

Al-Shaya stated that proactive seasonal procedures are being implemented to coordinate efforts among various operational agencies.

These include the General Administration of Civil Aviation, the Airport Security Administration, Immigration and Customs, airlines, and ground service operations. The goal is to ensure smooth passenger movement without any hindrances.

He emphasized that all necessary measures are in place to facilitate passenger flow at both departure and arrival points.

He noted that immigration checks for travelers at Kuwait Airport take only 7 seconds, or up to 20 seconds if the staff member is under training. Al-Shaya also underscored the effectiveness of security measures in thoroughly inspecting and checking travelers.

climb above the 50 degree Celsius mark in the coming days.

Last month, Kuwait signed short-term contracts to buy 500 megawatts of electricity, including 300 MW from Oman and 200 MW from Qatar, during the summer months. The contracts would last from June 1 to August 31.

Kamel Harami, a Kuwaiti energy expert, said that the Gulf state needed to revamp its energy infrastructure. "The available energy is not sufficient, and instead of relying on oil and gas, we must go towards nuclear, solar and wind energy," he told AFP. "This is only the beginning of the crisis, and the programmed cuts of electricity will continue in the coming years if we do not accelerate the construction of power stations."

Umm Mohammed, a Kuwaiti woman in her sixties, said she was left without power for two hours on Wednesday. "We weren't severely affected," she told AFP, noting that the house remained cool during the brief outage. "Some turn their homes into refrigerators, even when they are not inside, and this raises the load" on power plants, she said.

Kuwait to launch major nationwide crackdown on residency law violators - Detention facilities being prepared as part of sweeping action in all governorates

The Ministry of Interior in Kuwait is set to launch an unprecedented nationwide crackdown on violators of the Residency Law, starting after the expiration of a two-week extension period on June 30.

The intensive security campaign will be conducted

across all governorates, involving various security branches including residency affairs, criminal investigations, rescue operations, and special services, as directed by the First Deputy Premier, Minister of Interior and Defence, Sheikh Fahad Yousuf Saud Al Sabah

Sources within the ministry said that the campaign will target those violating the Residency Law, even those located in remote areas such as farms and chalets. Legal actions are also set to be taken against individuals who are found to be harbouring these violators.



SunExpress between Trabzon and Kuwait City

Destination	Dates	Days	Departure	Arrival
KWI - TZX	Weekly	Tue, Fri	06 : 10	08 : 55
TZX - KWI	Weekly	Tue,Fri	02 : 35	05 : 10

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Diplomats praise Saudi Arabia’s ‘excellent’ Hajj arrangements

Pilgrims from around the world have gathered in Makkah for the biggest Hajj pilgrimage since the outbreak of the COVID-19 pandemic almost two years ago.

Hajj was restricted to just 1,000 people residing in Saudi Arabia in 2020, and 60,000 domestic pilgrims in 2021.

This year, after lifting most of its COVID-19 curbs, Saudi Arabia will welcome 1 million pilgrims, including 850,000 from abroad to perform Hajj - one of the five pillars of Islam, which all Muslims with the required means must perform once in a lifetime.

Foreign diplomats in Saudi Arabia have praised the Kingdom for its expansive Hajj arrangements this year.



Gulf Air adds Munich to its destinations

This new route expands Gulf Air's European network.



Gulf Air, Bahrain's national carrier, launches direct flights from Bahrain to Munich, Germany, starting July 1.

This new route expands Gulf Air's European network, connecting Bahrain to major global destinations. Ads by

The inaugural flight to Munich Airport received a ceremonial water salute upon arrival at Munich International Airport (MUC), accompanied by celebratory events at both Bahrain International Airport (BIA) and Munich International Airport (MUC).

Operated with the advanced Airbus 321neo aircraft, the new route will operate four times a week on Monday, Wednesday, Friday, and Sunday.

This new addition to Gulf Air’s network in Germany, alongside its existing daily flights to Frankfurt, demonstrates the airline's strategic growth in Europe. It reflects Gulf Air's dedication to providing travelers with exceptional journeys and an expanding range of destinations.

GCC News

UAE to build a new airport in Uganda

Construction of Uganda's new airport will start in August, said Abdallah Sultan Al Owais, chairman of the Sharjah Chamber



The Sharjah Chamber of Commerce and Industry will build a new international airport in Uganda.

The Kidepo International Airport in Karamoj will be located near Uganda’s border with Kenya, president Yoweri Museveni said in a post on messaging app X.

The cost of the airport was not given.

This agreement is a sign of the deepening relations with our Gulf partners and another opportunity to cooperate in investment and trade,” Museveni said.

Construction will start in August, Reuters reported, quoting Abdallah Sultan Al Owais, chairman of the Sharjah Chamber.

The airport will enhance tourism by bringing more visitors to the 1,442 sq km Kidepo National Park.

A joint venture consisting of the UAE’s AD Ports Group, India’s Adani Ports and China’s East Harbour Terminals acquired 95 percent of Tanzania International Container Terminal Services in Tanzania this month.

Dar Global brings Trump Tower to Jeddah

Trump development aims to cater to the luxury Saudi market and appeal to international investors

Dar Global, the Dubai-based property developer listed on the London stock exchange (LSE), partners with The Trump Organisation to bring the Trump Tower to the Jeddah.

This venture marks their second collaboration following the recent announcement of the Trump International Oman project, part of the AIDA development—a \$500 million (Dh1.8 billion) mixed-use real estate initiative.

The Jeddah project signifies Dar Global's debut in the city, expanding beyond its role as the global arm of Saudi Arabia’s largest developer, Dar Al Arkan. According to Dar Global, the Trump development aims to cater to the luxury Saudi market and appeal to international investors.

Since its listing on the LSE in February last year, Dar Global has amassed a portfolio pipeline valued at \$5.9 billion (Dh21.6 billion), with nearly half of that designated for projects in the GCC, as stated by CEO Ziad El Chaar.



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Passenger Scalded with Coffee, Crew Member Hurlled to Ceiling as New Zealand Plane Hits Turbulence

A flight attendant flew up to the ceiling while the coffee pot lids came off and spilt hot coffee onto the passenger's abdomen and back

A passenger was scalded by hot coffee and a staff member was catapulted to the aircraft ceiling after an Air New Zealand flight was struck by severe turbulence. The incident happened on June 16 when the Airbus A320 was flying from the capital, Wellington, to Queenstown, the Independent reported.

The passenger, identified as "Suze," said that the flight had been up in the air for 15 minutes when the drink cart began making its way down the aisle. However, when the cart stopped next to her, the plane suddenly jolted with strong turbulence. As a result, one flight attendant flew up to the ceiling while the coffee pot lids came off and spilt hot coffee onto the passenger's abdomen and back.



"There's nothing you can do. You're strapped in, you want to stay strapped in, there could be more turbulence and then you've got to deal with the level of burns you've just received. I was able to get hold of a bottle of cold water and start dousing myself and I

was able to speak to the hostess who was still lying on the floor and said 'Is it alright if I get water everywhere cos that's what I'm going to be doing?' and she said 'go for it'," the woman said.

Singapore Airlines changes seatbelt rules, route after fatal turbulence

Singapore Airlines (SIA) has changed its seat belt rules and altered at least one flight route after a bout of extreme turbulence killed one passenger and left dozens of others hospitalised.



A 73-year-old British man died of a suspected heart attack and dozens of passengers were injured on Tuesday when their flight from London to Singapore was buffeted by severe turbulence, forcing an emergency landing in Bangkok.

Following the incident, Singapore's flag carrier has

adopted "a more cautious approach to managing turbulence in-flight", SIA told Al Jazeera in a statement on Friday.

Under the revised policy, meal service will no longer be provided when the seat belt sign is on, the airline said.

Cabin crew will also continue to secure all loose items and equipment during poor weather conditions and continue to advise passengers to return to their seats and secure their seat belts.

"Pilots and cabin crew are aware of the hazards associated with turbulence. They are also trained to assist customers and ensure cabin safety throughout the flight," an SIA spokesperson said.

"SIA will continue to review our processes as the safety of our passengers and crew is of utmost importance."

Turkish Airlines named world's most sustainable flag carrier airline

Turkiye's flag carrier Turkish Airlines has been named as the World's Most Sustainable (Flag Carrier) Airline in World Finance's sustainability awards 2024.

The airline was praised for continuing to set the standard for airlines with its pioneering sustainability initiatives such as the extended use of Sustainable Aviation Fuel (SAF), sustainable in-flight products



and its waste management policies.

Turkish Airlines is also committed to being net-zero by 2050, the aviation industries agreed target.

Turkish Airlines Chairman of the Board and Executive Committee, Prof. Ahmet Bolat, said: "Receiving the Most Sustainable Flag Carrier Airline award for the third-year running is a testament to our dedication to sustainability and environmental stewardship.

"Turkish Airlines has set a strategic goal to become one of the world's top 3 airlines in terms of digitalization. In line with our commitment to becoming a Carbon-Neutral Airline by 2050, we incorporated the use of Sustainable Aviation Fuel (SAF) into our climate change mitigation plans in 2022, and we further expanded our use of SAF to new routes in 2023.

"We will continue to add new routes to our SAF-powered

Low Fuel Leads to Falcon 10 Crash in Afghanistan

Aircraft was en route to Moscow from Thailand when it reported low fuel

An air ambulance Dassault Falcon 10 that crashed into a snow-covered mountain in Afghanistan in January had attempted to make an emergency landing after running low on fuel, according to information in a recent safety report from the Russian Interstate Aviation Committee. The 1978 Falcon, which Air Safety Network preliminary information said was



registered to Athletic Group (RA-09011), was carrying two crew and four passengers—two medical

workers and two others being transported. The crew and medical workers were injured, while the other two were killed.

The aircraft departed from U-Tapao Airport in Thailand at 1:20 p.m. local time on January 20 for the 3,895-nm journey to Zhukovsky Airport in Moscow. Preliminary information reveals that the aircraft refueled at Gaya International Airport in India and continued at 4:10 p.m. local time toward a second refueling at Tashkent International Airport in Uzbekistan. However, a deviation led to additional fuel consumption, and at about 7:05 p.m. the crew radioed that they were low on fuel. Fourteen minutes later, the crew reported one engine had flamed out; 10 minutes later the second engine had flamed out.

The crew initially hoped to make an emergency landing at Kulob Airport in Tajikistan but instead decided to make an emergency landing in the mountainous area of the Islamic Emirate of Afghanistan and ended up colliding with the mountain slope.

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airHaifa's launch during turmoil showcases confidence in Israel's future

Starting a new airline at any time is a tough business, but we should tip our hats to the owners and managers of the new Israeli startup carrier airHaifa. Launching a new passenger airline amid the turmoil and danger of the situation in Israel is a remarkable sign of confidence in a brighter future.

Today was the day

ATR, the joint venture between Airbus and Leonardo, today announced it had delivered the first of two ATR 72-600s to airHaifa, a new airline based at Haifa Uri Michaeli Airport (HFA) in northern Israel. The airline was founded in March 2023 and is now in the final stages of receiving its operating license from Israel's Civil Aviation Authority, which the airline hopes to have completed in September.



Air France-KLM's profit forecast fell short due to increased operating costs, such as rising salaries and fuel prices.

The group has implemented a hiring freeze and cost-cutting measures to offset rising expenses, while continuing fleet renewal.

Challenges from the Olympics and a recent IT shutdown are expected to impact the airline's revenues and profits in the third quarter.

Air France-KLM's profit forecast for the second-quarter was \$32.54 million higher than its results, the airline revealed earlier today. Rising operating costs were cited as the reason for a less-than-expected profit.

Reduced profits

Earlier today, the Air France-KLM Group reported its second-quarter financial results. Though the group



reported a profit, the number was significantly lower than forecast earlier this year. Air France-KLM had expected to record a profit of 547 million (\$593.43 million USD), but the profit was 513 million (\$557 million USD).

Air India flagship Airbus A350 set to fly to US from Nov



Air India will operate Airbus A350 on ultra-long-haul routes to the US, starting with Delhi - New York flight from November 1. Premium economy class to be introduced along with business and economy classes. CEO Campbell Wilson highlights the importance of this upgrade.

Saurya Airlines plane crashes in Nepal's Tribhuvan Airport

A small passenger plane belonging to Nepal's Saurya Airlines crashed and caught fire while taking off from the capital Kathmandu on Wednesday, killing 18 people on board and leaving one survivor, the captain, officials said.

"Only the captain was rescued alive and is receiving treatment at a hospital," said Tej Bahadur Poudyal, spokesman for Kathmandu's Tribhuvan International Airport.

The 50-seater plane, carrying two crew members and 17 technicians, was heading for regular maintenance to Nepal's new Pokhara airport, which is equipped



with aircraft maintenance hangars, the officials said. Eighteen of those on board the CRJ-200 aircraft were Nepali citizens, with one engineer from Yemen, Saurya said.

"Shortly after takeoff ... the aircraft veered off to the right and crashed on the east side of the runway," the Civil Aviation Authority of Nepal said in a statement.

The crash again focused attention on the poor air safety record of the impoverished, landlocked Himalayan nation that is wedged between India and China and is heavily dependent upon air connectivity due to its limited road network.

Tata Group advances merger plan with harmonized operating manuals for four airlines

The harmonization of operating manuals across all Tata group airlines has been completed in the run-up to the Vistara-Air India merger and amalgamation of AIX Connect with Air India Express, a statement said on Monday.

At present, the steel-to-software conglomerate fully owns three airlines - Air India, Air India Express and AIX Connect (formerly AirAsia India) - while it holds a majority of 51% in Vistara.

Before this, all four airlines had separate operating manuals. Over the last 18 months, a team of more than 100 members have worked to align on the best practices and adopt common operating procedures, Air India noted.



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Japan Airlines to buy up to 20 more Boeing 787 Dreamliners

Japan Airlines (JAL) has announced an agreement to buy up to 20 more Boeing 787 Dreamliners.

The order, announced during the Farnborough International Airshow, includes 10 787-9s with options for 10 more, adding to JAL’s current fleet of more than 50 of the widebody jet.

Yukio Nakagawa, JAL’s executive officer of procurement, said: “This order underscores our commitment to accelerating the introduction of the modern and more fuel-efficient aircraft to deliver unparalleled service to our customers and further reduce CO2 emissions.

“We greatly appreciate the strong relationship and support from Boeing, which has been instrumental in our efforts to modernise our fleet and expand our international routes.”

Once this order is finalised and posted to Boeing’s Orders & Deliveries website, the carrier will have 10 787s and 21 737 MAX jets on order.

In recent years, JAL has leveraged the versatility of the 787 to open new point-to-point markets from Tokyo to San Diego, Boston and Bangalore.

With a range of up to 14,010km, the 787-9 has the longest-range capability within the 787 Dreamliner family, enabling JAL to open new routes and adding



flexibility to its existing network.

Brad McMullen, Boeing senior vice president of commercial sales and marketing, said: “Japan Airlines continues to be a global ambassador for the 787 Dreamliner and this latest agreement is a testament to the versatility and efficiency of the 787-9 for the

airline’s key long-haul routes.

“We value our long-standing partnership with Japan Airlines and are pleased that they have re-selected the 787 Dreamliner as they continue to modernise their world-class fleet.”

Air India selects Honeywell for APU aftermarket support

Honeywell has signed a long-term agreement to provide Auxiliary Power Unit (APU) aftermarket support for more than 300 existing and new Air India aircraft.

through innovative technology.”

Sisira Kanta Dash, chief technical officer, Air India, said: “This is an exciting milestone that adds to our long-standing partnership with Honeywell.



The APU support will ensure high aircraft dispatch reliability and fleet availability, and lower unplanned maintenance costs across Air India’s fleet.

The agreement will cover over 100 Air India A320s and 15 B777s, and the airline’s new fleet of 190 B737-8s, plus it will cover Honeywell’s 131-9A, 131-9B and 331-500 series APUs.

Ashish Modi, president of Honeywell India, said: “We are delighted to strengthen our collaboration with Air India and help in its fleet modernisation efforts, as part of a long-standing commitment to supporting the carrier’s innovation and growth objectives.

“This latest milestone in our 30-year-plus partnership with Air India is a testament to our key role in accelerating the growth of India’s aviation sector

“This agreement forms part of our global growth and transformation plans, to help achieve more efficient, reliable operations, with maximised fleet availability, through Honeywell’s advanced technology services that enable us to continue meeting the needs of our valued customers.”

Sisira Kanta Dash, chief technical officer, Air India, said: “This is an exciting milestone that adds to our long-standing partnership with Honeywell. This agreement forms part of our global growth and transformation plans, to help achieve more efficient, reliable operations, with maximized fleet availability, through Honeywell’s advanced technology services that enable us to continue meeting the needs of our valued customers.”

Akasa Air to start Kuwait flights from August 23

Akasa Air began services to Kuwait on August 23, its fifth international destination, coinciding with nearly two years of operations. The airline launched a daily direct flight between Kuwait City and Mumbai. It already serves Doha, Jeddah, Riyadh, Abu Dhabi, and 22 domestic cities, enhancing capacity for passenger and cargo traffic. Akasa Air will commence services to Kuwait from August 23, making it the fifth international destination for the airline that will be completing two years of flying next month. A daily direct flight will be operated between Kuwait City and Mumbai from August 23, the airline said in a release on Monday.



Commenting on the announcement Praveen Iyer, Co- Founder and Chief Commercial Officer, Akasa Air said "The addition of Kuwait adds further breadth to our international network, strengthening our positio player in connecting India and the Middle East.Kuwait and India have historically shared strong bilateral ties, and the launch of a direct service connecting these two major cities will open more avenues for trade and tourism between the two countries. Moreover, with this expansion, the large population of Indians in Kuwait will have greater accessibility to their home country. The connection reflects our commitment to connecting people, places, and cultures with reliable operations and affordable fares, and we look forward to welcoming travelers on board."

Caesars Int’l Travel Co. W.L.L. – one of the biggest platforms for airline representations

Caesars Int’l Travel Company is now one of the leading and most dynamic representation and airline GSA platforms. In addition to representing world leading passenger airlines, Caesars Int’l also represents world’s leading TMCs with cost saving sightseeing packages Our airline partners benefit from a complete range of services catering to all of their business requirements and our experienced and dedicated staff ensure that our success is our partners’ success. Caesars Int’l is committed to providing its partners with a product and service that is consistently excellent, professional, innovative and customer-driven in order to ensure their successful entry into and continued growth in global markets.



Yemenia Airways to resume flights to Cairo and India from Sanaa

Yemenia Airways will resume commercial flights from Sanaa to Egypt and India as part of a deal between warring sides in Yemen's civil war. Services to Egypt will start on Tuesday and to India on Sunday. The airline has scheduled return flights to Cairo daily and to India twice weekly. This comes after an agreement announced by the U.S. envoy for Yemen to end the flight suspension since late 2016 due to the conflict.

The service to Egypt will resume on Tuesday after a Sunday flight was cancelled. Flights to India were resuming on Sunday.

Return flights to Cairo will operate once daily, while flights to India will run twice weekly.

The resumption is part of an agreement between Yemen's warring parties, announced by the US envoy for Yemen last week.

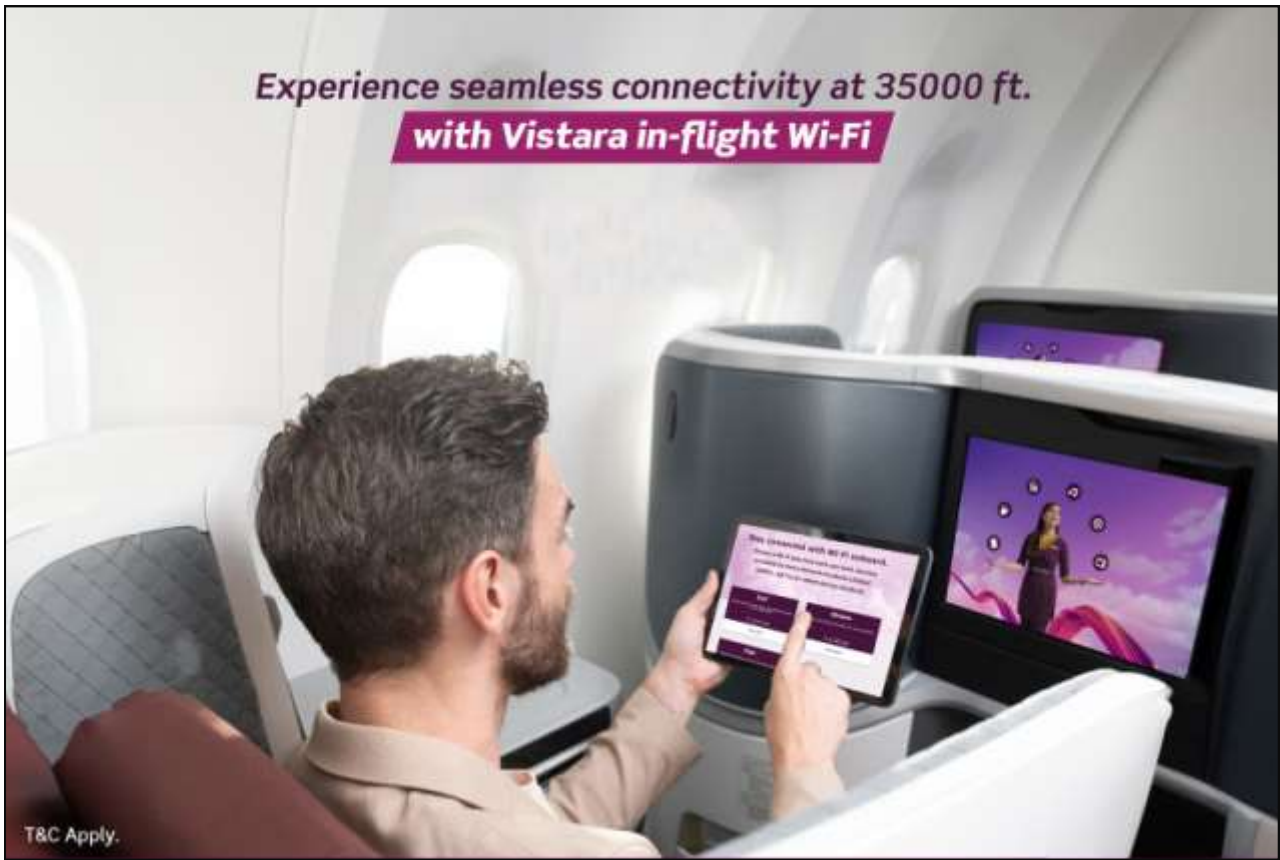
Flights between Sanaa and Cairo had been halted since late 2016.



A civil war erupted in Yemen in 2014 when Houthi militants seized Sanaa. The Houthis established control over much of the north and other large

population centers, while the internationally recognized government, which is backed by an Arab coalition, based itself in the port city of Aden.

Vistara becomes first Indian airline to offer free 20-minute Wi-Fi on international flights



Vistara became the first company to offer in-flight Wi-Fi connectivity onboard international flights operated by its Boeing 787-9 Dreamliner aircraft, starting September 2020. It was extended to Airbus A321 neo aircraft later.

Last year, it started offering complimentary in-flight Wi-Fi for its Club Vistara members. Starting from last week, the company has started offered 20 minutes of complimentary in-flight Wi-Fi for all the international customers travelling in Boeing 787-9 Dreamliner and Airbus A321neo aircraft, a first in Indian aviation.

The in-flight Wi-Fi service provided by Tata's Nelco Network Products Limited (NNPL) and powered by

Panasonic Avionics Corporation offers usage on any platform, unlike the introductory offer which was limited to messaging apps.

You can extend your Wi-Fi experience by purchasing any of the available plans using Indian credit/debit cards, in addition to internationally issued credit cards.

To complete your purchase using an Indian credit/debit card, you must buy the plan within the 20 minutes of your active session to receive the transaction One -Time Password (OTP) on the email address associated with your credit/debit card.

Riyadh Air and Delta strike pact to expand network

Riyadh Air, Saudi Arabia's new national carrier, has struck an agreement with US carrier Delta Air Lines before its planned launch next year.

The partnership will open new destinations in the kingdom and beyond for Delta flyers, including a future nonstop service on Delta between the US and King Khalid International Airport in Riyadh.

The agreement, subject to regulatory approvals, will include interline and codeshare connectivity, digital transformation, and cooperation on aviation services such as maintenance, repair and overhaul services, ground handling and training.

"This partnership with Riyadh Air will further Delta's mission of connecting the world and open an array of new choices, benefits and destinations for our customers traveling to and from the Kingdom of



Saudi Arabia," said Delta CEO Ed Bastian. "Most importantly, Riyadh Air shares Delta's commitment to providing an elevated customer experience, which is why we're looking forward to building and expanding this partnership in the months and years ahead. We appreciate the opportunity to work with the Riyadh Air team and the Public Investment Fund of Saudi Arabia as they transform the transportation economy in the Kingdom."

Near-space balloon flights to start from Abu Dhabi next year

European space exploration company Eos-X Space will begin operating balloon flights to the edge of space from Abu Dhabi in the third quarter of 2025, as it aims to gain a bigger stake in the \$9 billion space tourism industry.

The UAE capital will host the launch facility and spaceport, including a hotel complex on Yas Island.

No details were shared on the spaceport and hotel.

"The development of space tourism offers investment prospects as vast and promising as human curiosity, says founder and CEO Kemel Kharbachi.

"These ultra-rich individuals, along with affluent



people capable of spending between €150,000

(\$163,558) and €200,000 for an unparalleled experience, are our target market," he added.

Eos-X Space's pressurised capsule can accommodate up to eight people, including a pilot, and is lifted by an eco-friendly helium balloon.

These capsules reach the stratosphere's edge at an altitude of 40,000 m, allowing passengers to view out into space, the blue halo, and Earth's curvature during a five-hour trip.

The journey includes a personalised week-long programme featuring cultural, gastronomic, regenerative medicine, and wellness experiences.

Japan launches an advanced Earth observation satellite on its new flagship H3 rocket



Japan has deployed an upgraded Earth observation satellite for disaster response and security after it was launched on a new flagship H3 rocket Monday

TOKYO -- Japan deployed an upgraded Earth observation satellite for disaster response and security after it was launched on a new flagship H3 rocket Monday. The H3 No. 3 rocket lifted off from the

Tanegashima Space Center on a southwestern Japanese island and released its payload about 16 minutes later as planned, the Japan Aerospace Exploration Agency, or JAXA, said during a livestream.

The Advanced Land Observation Satellite, or ALOS-4, is tasked primarily with Earth observation and data

collection for disaster response and mapmaking. It's also capable of monitoring military activity, such as missile launches, with an infrared sensor developed by the Defense Ministry.

The rocket appeared to fly as planned, and JAXA is expected to give further details at a news conference later Monday. The launch was initially planned for Sunday but was delayed due to bad weather at the launch site. The ALOS-4 is a successor to the current ALOS-2 and can observe a much wider area. Japan will operate both for the time being.

The launch was the third of the H3 system, after the successful one on Feb 17. and the shocking failed debut flight a year earlier when the rocket had to be destroyed with its payload — a satellite that was supposed to be the ALOS-3.

Japan sees a stable, commercially competitive space transport capability as key to its space program and national security. JAXA and its main contractor Mitsubishi Heavy Industries have been developing the H3 launch system as a successor to its current mainstay, H-2A, which is set to retire after two more flights. MHI will eventually take over H3 production and launches from JAXA and hopes to make it commercially viable by cutting the launch cost to about half of the H-2A.

Japan’s Mount Fuji implements tourist tax in response to overcrowding concerns

“By strongly promoting comprehensive safety measures for climbing Mount Fuji, we will ensure that Mount Fuji, a treasure of the world, is passed on to future generations,” said Koutaro Nagasaki, governor of Yamanashi Prefecture, when announcing the new regulations earlier this year.

“In order to revive traditional mountain climbing from the foot of Mount Fuji, we will gain a detailed understanding of the Fuji-ko and Oshi culture that supported Mount Fuji worship. We look to link these cultures to this mountain climbing, as it is rooted in the cultural values of the religion.”

Fuji-ko is a religion specific to the mountain. Human traffic jams, foothills littered with garbage and inappropriately attired hikers – some attempting the ascent in sandals - are among the issues plaguing the popular Japanese site.

In addition, there will be new guides who manage safety on and around the trails. They will inform climbers when they’re violating etiquette on the mountain, such as sleeping by the side of the trail, starting a fire or wearing unsuitable clothing.



Bolivian police arrest leader of apparent coup attempt

On a day of fast moving events in Bolivia, police have arrested the former head of the armed

forces who led an apparent coup attempt. It all started when troops and armoured vehicles led

by General Juan José Zúñiga took up position on Murillo Square in the capital La Paz, where key government buildings are located.

Footage shows an armoured vehicle trying to smash down the entrance to the presidential palace.

But the military left the square three hours later, after President Luis Arce named new military commanders and vowed to resist.

Seconds before his arrest on Wednesday, General Juan José Zúñiga said he had been ordered to stage the uprising by the president.

The Bolivian defence minister said the government has now total control over the armed forces.



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India implements new criminal laws to revamp British-era justice system

India on Monday introduced three criminal laws to replace the justice system imposed by its former British rulers more than a century ago.

The Bharatiya Nyaya Sanhita, Bharatiya Nagarik Suraksha Sanhita and Bharatiya Sakshya Adhiniyam were rushed through parliament in December by Prime Minister Narendra Modi's government.

As many as 141 opposition MPs were suspended at the time.

The government said the new laws would overhaul the criminal justice system, particularly in dealing with cases of sexual assault, crimes against children, lynching and crimes against the state.

“By removing the old laws with a slave mentality, the Modi government is implementing three new laws reflecting the spirit of Indian-ness. At the core of these laws is a strong sense of justice instead of punishment,” Law and Justice Minister Arjun Ram Meghwal said on Sunday.

The Bharatiya Nyaya Sanhita replaces the Indian Penal Code, the criminal code introduced by the British in 1862, while the Bharatiya Nagarik Suraksha Sanhita replaces the Code of Criminal Procedure, covering procedures for arrest, investigation, and trial, which was been amended several times since it was introduced in 1882.

The Bharatiya Sakshya Adhiniyam replaces the Indian Evidence Act, introduced in 1872, which outlines evidence admissible in courts.



The laws will allow digital or electronic records as evidence, as well as the appearance of witnesses, defendants, experts and victims through electronic means.

The law also requires compulsory audio and video recording of arrests and search and seizure operations in all criminal cases that will be produced in court as part of the evidence.

It will allow citizens to register a police

complaint at any station, irrespective of jurisdiction and faster justice delivery as it has mandated judgments within 45 days of the completion of trial and charges framed within 60 days of the first hearing.

The laws will make it compulsory for forensic experts to visit crime scenes for serious offences and mandatorily record videography evidence to prevent tampering.

Joe Biden's disastrous debate blamed on bad preparation, exhaustion

President Joe Biden's train-wreck debate with Republican opponent Donald Trump followed a series of decisions by his most senior advisers that critics now point to as wrong-headed, interviews with Democratic allies, donors and former and current aides show.

Trump, 78, repeated a series of well-worn, glaring falsehoods during the 90-minute debate on Thursday, including claims that he actually won the 2020 election.



Biden, 81, failed to refute them and his fumbling, halting performance has sparked calls from Democrats for him to end his quest for a second term and for "soul-searching" or resignations among top aides.

"My only request was make sure he's rested before the debate, but he was exhausted. He was unwell," said one person who said they appealed to Biden's top aides in the days before, to no avail. "What a bad decision to send him out looking sick and exhausted."

Others were even more pointed.

"It is my belief that he was over-coached, over-practiced. And I believe [senior aide] Anita Dunn... put him in a venue that was conducive for Trump and not for him," said John Morgan, a Florida-based attorney and major Biden fundraiser.

Morgan said Dunn and her husband, Bob Bauer, the president's attorney who played Trump in pre-debate rehearsals, should "be fired forever and never let back anywhere near the campaign."

Biden's debate strategy was signed off on by campaign chair Jen O'Malley Dillon, who helped him win in 2020 and was appointed in January to boost an uneven reelection campaign. Dunn, a longtime Biden aide and former Barack Obama campaign strategist, backed that strategy.

Confidence going into the event was high. Trump was convicted of falsifying documents by a jury in New York on May 31, while Biden held back-to-back visits in Europe.

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India's custodial deaths continue amid lack of accountability

“The three laws were necessary given the developments in technology and forensic science. The present government aims to provide justice to the public of the nation,” Mr Meghwal said.

India's Chief Justice Dhananjay Chandrachud has said the new laws introduced “much-needed improvements” and were needed to “deal with the current challenges that we envisage for the future of



our society”.

“These laws signify a watershed moment for our society because no law affects the day-to-day conduct of our society like the criminal law,” he said.

India's main opposition party, the Indian National Congress, had demanded that the government put the new legislation on hold, saying that “more debate should be held and people should be taken into confidence”.

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How is climate change affecting biodiversity?

The climate crisis and the loss of biodiversity at global scale are threatening the natural resources that we rely upon to survive as a species , and are also exacerbating social challenges. Fertile land is a scarce resource that is coming under increasing pressure due to the effects of climate change, growing demand, and non-sustainable use.

At the same time, intensive land use is a major contributing factor to greenhouse gas emissions. Sustainable land use thus plays an important role in our efforts to combat the climate crisis: Protecting natural carbon sinks such as forests and wetlands, switching to a regenerative and climate-friendly form of agriculture, and transforming the food system are vital if we are to achieve the targets set out in the Paris Agreement.



Assassination attempt on Trump

The motive for the shooter remains unknown, however he has been described as a loner with a short list of phone contacts.

FBI Director Christopher Wray on Wednesday told the US House Judiciary Committee that suspect Thomas Crooks visited the Trump rally site in Butler,

"Analysis of a laptop that the investigation ties to the shooter reveals that on July 6, he did a Google search for — quote — 'how far away was Oswald from Kennedy,'" Mr Wray said.

He was referring to Lee Harvey Oswald, who assassinated former president Kennedy in Dallas, Texas, on November 22, 1963.

Thomas Matthew Crooks searched for information about the JFK assassination

"That's a search that's obviously significant in terms of his state of mind," Mr Wray said.

"That is the same day that it appears that he registered for the Butler rally," he added, saying Crooks became "very focused on president Trump and his rally" at that point after showing interest in public figures more generally.

About two hours before the shooting, Crooks flew a drone over the area about 180 metres from the stage where Trump spoke to the crowd, and live-streamed footage for about 11 minutes.

Law enforcement officers did not spot Crooks on the roof with his AR-15-style rifle until "seconds" before he opened fire, said Mr Wray, noting that the timeline could change as the investigators' understanding of facts evolves.



The 20-year-old gunman who tried to kill Donald Trump did an online search of the John F Kennedy assassination around the time he began to focus attention on the Republican presidential candidate.

Pennsylvania, twice before he clambered onto the roof of a nearby building on July 13 and fired off at least eight rounds, wounding Trump in the ear, killing one rally-goer and injuring two others.

Whale that washed up on New Zealand beach may be world's rarest

WELLINGTON, New Zealand -- Spade-toothed whales are the world’s rarest, with no live sightings ever recorded. No one knows how many there are, what they eat, or even where they live in the vast expanse of the southern Pacific Ocean. However, scientists in New Zealand may have finally caught a break.

The country's conservation agency said Monday a creature that washed up on a South Island beach this month is believed to be a spade-toothed whale. The five-meter-long creature, a type of beaked whale, was identified after it washed ashore on an Otago beach from its color patterns and the shape of its skull, beak and teeth.

“We know very little, practically nothing” about the creatures, Hannah Hendriks, marine technical adviser for the Department of Conservation, said. “This is going to lead to some amazing science and world-first information.”

If the cetacean is confirmed to be the elusive spade-toothed whale, it would be the first specimen found in a state that would permit scientists to dissect it, allowing them to map the relationship of the whale to the few others of the species found, learn what it eats and perhaps lead to clues about where they live.

Only six other spade-toothed whales have ever been pinpointed, and those found intact on New Zealand’s North Island beaches were buried before DNA testing could verify their identification, Hendriks said, thwarting any chance to study them.

This time, the beached whale was quickly transported to cold storage and researchers will work with local Māori iwi (tribes) to plan how it will be examined, the conservation agency said.

New Zealand’s Indigenous people consider whales a taonga — a sacred treasure — of cultural significance. In April, Pacific Indigenous leaders signed a treaty recognizing whales as “legal persons,”

although such a declaration is not reflected in the laws of participating nations.

Nothing is currently known about the whales’ habitat. The creatures deep-dive for food and likely surface so rarely that it has been impossible to narrow their location further than the southern Pacific Ocean, home to some of the world’s deepest ocean trenches, Hendriks said.

“It’s very hard to do research on marine mammals if you don’t see them at sea,” she said. “It’s a bit of a needle in a haystack. You don’t know where to look.”

The conservation agency said the genetic testing to confirm the whale's identification could take months. It took “many years and a mammoth amount of effort by researchers and local people” to identify the “incredibly cryptic” mammals, Kirsten Young, a senior lecturer at the University of Exeter who has studied spade-toothed whales, said in emailed remarks.

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Fertility Rates Are Declining. Is Tech to Blame?

A declining population may be beneficial for a planet already scarred by the effects of climate change and resource scarcity, but it could have profound effects on economies and labor markets, the professors said. Without enough young people, it will be difficult to staff work that requires “young muscle,” such as construction and the military, or find new recruits for fields such as medicine and engineering. There will be fewer consumers overall, and an overall reduction in the wages that generate taxes for programs like Social Security.

“Knowledge work may be a little bit less [affected] because of the rise of AI and tech. But that in and of itself is probably accelerating the conditions that we think are actually driving part of this fertility decline,” Platt said.

The professor pointed to a catastrophic rise in anxiety, depression and obesity-related diseases such as



diabetes that corresponds with the rise of digital culture, where people are interacting with screens more than with each other. The problems are worst

among teen girls, who are reporting record high rates of sadness and suicidal thoughts.

Using AI to understand how people consume news

Sonali Verma reads about AI for fun. Verma, peeling into laughter, doesn’t come across as funny. But she is, so long as one knows that Verma — an alum of the coveted Reuters Trainee Program with a slew of accolades as a journalist at Canada’s Globe and Mail — also came up with the idea for an AI program that has revolutionized journalism behind the scenes.

When Verma isn’t in the throes of a career dedicated to the meeting of human and machine writing, well, she is reading about it some more.

As a new board member of News Decoder’s governing nonprofit, Nouvelles-Découvertes, she reflects on the fact that, indelibly, journalism has long functioned as a technology itself.

“The newspaper is the original social media,” Verma said. She paused to give a cheeky smile. “Culturally, we sit down and talk about the news every day. You read a section of the paper and you pass it across the

table and you say, ‘Hey, did you see this?’”



Venezuela election: Maduro declared winner by government-controlled authority

Result with 80% of votes is immediately challenged by opposition and several governments. Venezuelan President Nicolas Maduro and his opposition rival Edmundo Gonzalez were each claiming victory in a presidential election on Monday morning, after a vote marked by accusations of underhand tactics and isolated incidents of violence.

The country's electoral authority said just after midnight on Monday that Maduro had won a third term with 51% of the vote, despite multiple exit polls which pointed to an opposition win.

Several foreign government held off from recognizing the results of the Venezuelan presidential election as officials delayed a release of vote totals.

Maduro, who was elected after Chávez’s death from cancer and returned to office in a widely criticised 2018 election boycotted by the opposition, appeared confident as he visited his late leader’s tomb in Caracas to lay a wreath before dawn on Sunday.

Wearing a pink guayabera and flanked by the first lady, Cilia Flores, Maduro likened the election to one of the most famous military showdowns in Venezuela’s struggle for independence from Spain. “This is our battle of Carabobo and we are heading straight for victory,” he said, dedicating his campaign to Chávez, under whom he served as foreign minister and vice-president..

Nicolás Maduro has been declared the winner of Venezuela’s presidential election by the government-controlled electoral authority – a result that appeared



to dash opposition hopes of ending his authoritarian, socialist rule. It was immediately challenged by rivals and several governments in the region and beyond.

After a six-hour delay in releasing the results of Sunday’s poll prompted international concern, Venezuela’s electoral council claimed Maduro had won with 51.21% of votes compared with 44.2% for his rival, the former diplomat Edmundo González Urrutia.

Addressing supporters in the capital, Caracas, the 61-year-old leader said: “I am Nicolás Maduro Moros –

the re-elected president of the Bolivarian Republic of Venezuela ... and I will defend our democracy, our law and our people.”

Edison Research, which conducts high-profile election polling in the US and other countries, published an exit poll showing González had won 65% of the vote, while Maduro won 31%.

The US secretary of state, Antony Blinken, said his government had “serious concerns that the result announced does not reflect the will or the votes of the Venezuelan people”.

Keir Starmer Is U.K.’s New Prime Minister

The 61-year-old former human rights lawyer lacks the star power of some of his predecessors but led a remarkable turnaround for the Labour Party.

Keir Starmer became prime minister of Britain on Friday after his Labour Party delivered a decisive win in the general election.

“Across our country, people will be waking up to the news that a weight has been lifted, a burden finally removed from the shoulders of this nation,” a jubilant Mr. Starmer told supporters in central London in the early hours of Friday morning.

Using the analogy of a rising “sunlight of hope,” pale at first and getting stronger, he said the country had “an opportunity after 14 years to get its future back.”

Mr. Starmer replaces Rishi Sunak, who took office less than two years ago and called Mr. Starmer to congratulate him.



Turkey plans to regulate a large stray dog population, raising some fears about mass killings

A Turkish bill aimed at regulating the country’s millions of stray dogs has moved closer to becoming law as animal rights advocates fear many of them will be killed or end up in neglected, overcrowded shelters.



“Although some people persistently ignore it, Turkey

has a stray dog problem,” President Recep Tayyip Erdogan, whose ruling party proposed the bill, told legislators after a parliamentary committee approved the bill late Tuesday. The full assembly will have a final vote in the coming days.

The government estimates that around 4 million stray dogs roam Turkey’s streets and rural areas. Although many are harmless, a growing number are congregating in packs, and numerous people have been attacked in Istanbul and elsewhere. The country’s well-known large stray cat population is not a focus of the bill.

Erdogan noted that stray dogs “attack children, adults, elderly people and other animals. They attack flocks of sheep and goats, they cause traffic accidents.”

The proposed legislation mandates that municipalities collect stray dogs and house them in shelters where they would be neutered and spayed. Dogs that are in

pain, terminally ill, pose a health risk to humans or are aggressive would be euthanized.

Municipalities would be required to build dog shelters or improve conditions in existing ones by 2028. Mayors who fail to meet their responsibilities in controlling stray dogs would face imprisonment of six months to two years. Fines on people who abandon pets would be raised from 2,000 lira (\$60) to 60,000 lira (\$1,800).

Animal rights activists worry that some municipalities might kill dogs on the pretext that they are ill, rather than allocate resources to shelter them.

“Since there are not enough places in the shelters — there are very few shelters in Turkey — a path has been opened for the killing (of strays),” said veterinarian Turkan Ceylan. “We animal rights activists know very well that this spells death.”

Paris Olympics

The 2024 Summer Olympic Games officially kicked off in Paris, France, on July 26 with an Opening Ceremony outside along the city's famed Seine River before the sports competitions. The ceremony, held on the Seine River, featured 6,800 athletes parading along a 6-kilometer route with 85 boats, and was followed worldwide through live performances and televised broadcasts.

Since opening, the Champions Park has welcomed more than 77,000 visitors so far, who have come to celebrate with Olympic medallists at the Trocadéro Gardens. This new initiative has quickly become the place to be at Paris 2024, with athletes being encouraged to take advantage of this once-in-a-lifetime experience. Throughout the Games, hundreds of medal winners will have the opportunity to be presented to the crowd by sporting legends, creating unforgettable memories for Olympians and fans alike.

Many athletes who have visited the Champions Park have been blown away by the reception. France’s silver medallist in the mountain biking cross-country event, Victor Koretzky, said: “I had a talk with [gold medallist in women’s mountain bike] Pauline Ferrand-Prévo, who did this two days ago, and she told me it was amazing. So, I decided to come here with my family to just enjoy the moment. And it was worth it!

US rugby sevens bronze medallist Lauren Doyle was another who enjoyed her time at the Champions Park. She said: “I’ve never experienced something like that. To be able to take in the moment and celebrate what we just accomplished was out of



this world. It’s a fantastic idea, and it was a really special moment for us.”

The Champions Park will be open to the public daily from 4 to 11.30 p.m. (all times CEST) from 29 July to 10 August (although closed on 30 July and from 2 to 4 August). Additionally, the park will open at noon on 9 and 10 August, featuring an athletes' celebration at 3 p.m. each day.

It will also be a place where Olympians from previous Games will be celebrated. There will be a medal ceremony for the Olympic Winter Games

Beijing 2022 figure skating team event on 7 August, as well as medal reallocations for athletes from the Olympic Games Sydney 2000, Beijing 2008 and London 2012 on 9 August.

To enhance the festive atmosphere, Paris 2024 is hosting an artistic programme as part of the Cultural Olympiad. This includes dance, music and various fun activities on the Trocadéro stage, setting the mood for the arrival of the athletes. In the evening, Olympic fans also have the opportunity to follow competitions broadcast on giant screens and cheer for their favourite athletes.

Current Natural Disasters

Sudan: Floods - 31st Jul & 1st August 2024

On 31 July and 1 August 2024, heavy rain and flooding displaced an estimated 280 households



across Port Sudan city of Port Sudan locality, Red Sea. Field teams reported that rain primarily affected schools and gathering sites for IDPs. The flooding reportedly destroyed 227 tents, 40 houses, and partially damaged 32 buildings, including commercial buildings. There were also reports of deaths and injuries among civilians. Field teams reported that the displaced households sought shelter with host communities within the same locality. DTM will continue to monitor the developments closely and will provide regular updates on displacement and population mobility across Sudan

Ethiopia: Landslides - Jul 2024

Heavy rains on 21 and 22 July caused three successive landslide incidents in a mountainous area



in Gezei Gofa Woreda of Gofa Zone, South Ethiopia Region, according to local authorities. At least 157 people have reportedly died and more than 14,000 people affected, including 6,750 people in Koncho Gozji Kebele and 7,765 people in Koncho Wiza Kebele as of the morning hours of 23 July. Search and rescue operations are ongoing, under the leadership of local authorities with the support from the Ethiopian Red Cross and community members. The death toll is expected to rise, according to local authorities. A similar, but lower-scale landslide incident had occurred in May 2024 in the same area, where more than 50 people had died. Weather extremes, such as floods and droughts, have been major drivers of humanitarian needs in Ethiopia. The scale of the impact of the incident, including displacement and damages to livelihoods, will be further clarified once the planned multi-agency assessment is completed.

India: Floods and Landslides - Jul 2024

The humanitarian impact is increasing after a series of landslides triggered by the monsoon rainfall that



occurred in the Wayanad district (Kerala state, southern India) on 30 July. The affected villages in

the district are Mundakkai, Chooralmala, Attamala, and Noolpuzha villages, with the most significant impact observed in Mundakai and Chooralmala. According to SPHERE India, as of 30 July, 270 people died, 378 are still missing, 214 have been injured and more than 8,500 people have been evacuated in 85 relief camps.

On 31 July-1 August, heavy rainfall and strong winds affected three districts (Shimla, Mandi, and Kullu) of Himachal Pradesh state (northern India) causing severe weather-related incidents and triggering flash-floods that resulted in casualties and damage. According to local authorities and SPERE India, at least four people died (three in Mandi and one in Kullu district) while 48 are still missing, most of them in Shimla district. Moreover, 20 houses have been affected.)

Bangladesh: Floods and Landslides - Jun 2024

Torrential rains and upstream flow resulted in the flooding of lower areas in 15 districts and left



thousands of people stranded. State Minister for Disaster Management and Relief indicated that around 2 million people in 15 districts were affected by the ongoing floods. The worst-affected districts are Sylhet, Sunamganj, Netrokona, Moulvibazar, Habiganj, Rangpur, Jamalpur, Gaibandha, Feni, Rangamati, Bogra, Kurigram, Sirajganj, Lalmonirhat, Tangail and Cox’s Bazar.

Nepal: Floods and Landslides - Jun 2024

The monsoon season is impacting several parts of Nepal, causing floods, triggering landslides and resulting in casualties and damage. According to the Nepal Disaster Risk Reduction Portal, as of 8 July, 21 people have died since the beginning of the month - 12 due to landslides and nine others to floods - three people are still missing, 29 have been injured and 541 families have been affected across several districts of the country.

Pakistan: Floods and Landslides - Jun 2024

The monsoon season has been hitting parts of the country, particularly Sindh province where in the past



24 hours two people have died due to severe weather-related incidents. According to the National Disaster Management Authority of Pakistan (NDMA), since 1 July a total of seven people has died, six in Sindh and one in Balochistan due to flash floods and severe weather events, six people have been injured and 15 houses have been damaged.

California in the grip of wildfires



This year's fire season in California got off to an early start. Since 15 June 2024, the West Coast State has been experiencing a series of wildfires, the largest of which is the "Post Fire". In just a few days, the flames, fueled by hot weather and strong winds, have burned more than 8 000 hectares. Nearly 1 200 people were evacuated from their homes.

Climatologists are warning of a sweltering summer and an active fire season, due to the unusually early heat waves. Every summer, California has to deal with megafires, exacerbated by global warming.

Floods and cold lava flows in Indonesia

On the night between 11 and 12 May 2024, torrential



rain fell on the island of Sumatra in western Indonesia, causing severe flooding. The heavy rainfall also triggered cold lava flows from the “Mount Marapi” volcano located to the west of the island.

As of 13 May 2024, the provisional death toll stood at 43, including two children, while 17 people are still missing. Several houses and other public buildings were either swept away or damaged. Roads have turned into muddy rivers.

Deadly floods in China

Guangdong, China's southeastern coastal province, has been experiencing torrential rains since 18 April 2024, which have resulted in unprecedented flooding.

Four people were reported dead as of 22 April 2024,



while ten are still missing in the country's most populous region, home to 127 million people. Almost 110 000 residents have been evacuated. According to local authorities, the rivers swollen by heavy rainfall are likely to trigger the worst flooding of the century. On 23 April, a red alert was issued in some parts of southern China.

Landslide: More than 2000 people buried alive in Papua New Guinea

On the night of May 23-24, 2024, a major landslide in Papua New Guinea caught the population asleep. A mountain collapsed and several buildings were destroyed. This unprecedented disaster buried more than 2000 people alive and caused extensive material damage. According to the authorities, the situation remains unstable as the landslide continues to move slowly.



According to local residents, this climatic phenomenon was triggered by the heavy rains that fell fallen on the region in recent weeks.

Health Tips

Limit sugary drinks

Sugary drinks like sodas, fruit juices, and sweetened teas are the primary source of added sugar in normal diet.

Unfortunately, findings from several studies point to sugar-sweetened beverages increasing risk of heart disease and type 2 diabetes, even in people who are not carrying excess body fat.

Sugar-sweetened beverages are also uniquely harmful for children, as they can contribute not only to obesity



in children but also to conditions that usually do not develop until adulthood, like type 2 diabetes, high blood pressure, and non-alcoholic fatty liver disease.

- Healthier alternatives include:
- water
- unsweetened teas
- sparkling water
- coffee

Eat nuts and seeds

Some people avoid nuts because they are high in fat. However, nuts and seeds are incredibly nutritious. They are packed with protein, fiber, and a variety of vitamins and minerals.

Nuts may help you lose weight and reduce the risk of developing type 2 diabetes and heart disease.



Additionally, one large observational study noted that a low intake of nuts and seeds was potentially linked to an increased risk of death from heart disease, stroke, or type 2 diabetes.

Avoid ultra-processed foods

Ultra-processed foods (UPFs) are foods containing ingredients that are significantly modified from their original form. They often contain additives like added sugar, highly refined oil, salt, preservatives, artificial sweeteners, colors, and flavors as well.

Examples include:

- snack cakes
- fast food
- frozen meals
- packaged cookies
- chips

UPFs are highly palatable, meaning they are easily overeaten, and activate reward-related regions in the brain, which can lead to excess calorie consumption

and weight gain. Studies show that diets high in ultra-processed food can contribute to obesity, type 2 diabetes, heart disease, and other chronic conditions. In addition to low quality ingredients like refined oils,



added sugar, and refined grains, they're usually low in fiber, protein, and micronutrients. Thus, they provide mostly empty calories.

Don't fear coffee

Despite some controversy over it, coffee is loaded with health benefits.

It's rich in antioxidants, and some studies have linked coffee intake to longevity and a reduced risk of type 2 diabetes, Parkinson's and Alzheimer's diseases, and numerous other illnesses.

The most beneficial intake amount appears to be 3–4 cups per day, although pregnant people should limit or avoid it completely because it has been linked to low birth weight.

However, it's best to consume coffee and any caffeine



-based items in moderation. Excessive caffeine intake may lead to health issues like insomnia and heart palpitations. To enjoy coffee in a safe and healthy way, keep your intake to less than 4 cups per day and avoid high-calorie, high-sugar additives like sweetened creamer.

Eat fatty fish

Fish is a great source of high-quality protein and healthy fat. This is particularly true of fatty fish, such as salmon, which is loaded with anti-inflammatory omega-3 fatty acids and various other nutrients.

Studies show that people who eat fish regularly have a lower risk for several conditions, including heart disease, dementia, and inflammatory bowel disease.

Get enough sleep

The importance of getting enough quality sleep cannot be overstated.

Poor sleep can drive insulin resistance, can disrupt your appetite hormones, and reduce your physical and



mental performance.

What's more, poor sleep is one of the strongest individual risk factors for weight gain and obesity. People who do not get enough sleep tend to make food choices that are higher in fat, sugar, and calories, potentially leading to unwanted weight gain.



Feed your gut bacteria

The bacteria in your gut, collectively called the gut microbiota, are incredibly important for overall



health.

A disruption in gut bacteria is linked to some chronic diseases, including obesity and a myriad of digestive problems.

Good ways to improve gut health include eating fermented foods like yogurt and sauerkraut, taking probiotic supplements — when indicated — and eating plenty of fiber. Notably, fiber serves as a prebiotic, or a food source for your gut bacteria.

Stay hydrated

Hydration is an important and often overlooked marker of health. Staying hydrated helps ensure that your body is functioning optimally and that your blood volume is sufficient.



Drinking water is the best way to stay hydrated, as it's free of calories, sugar, and additives.

Although there's no set amount that everyone needs per day, aim to drink enough so that your thirst is adequately quenched.

Don't eat heavily charred meats

Meat can be a nutritious and healthy part of your diet. It's very high in protein and a rich source of nutrients.

However, problems occur when meat is charred or burnt. This charring can lead to the formation of harmful compounds that may increase your risk for certain cancers.

When you cook meat, try not to char or burn it. Additionally limit your consumption of red and processed meats like lunch meats and bacon as these

Health Tips



are linked to overall cancer risk and colon cancer risk.

Avoid bright lights before sleep

When you’re exposed to bright lights — which contain blue light wavelengths — in the evening, it may disrupt your production of the sleep hormone melatonin.

Some ways to help reduce your blue light exposure is



to wear blue light blocking glasses — especially if you use a computer or other digital screen for long periods of time — and to avoid digital screens for 30 minutes to an hour before going to bed.

This can help your body better produce melatonin naturally as evening progresses, helping you sleep better.

Take vitamin D if you’re deficient

Most people do not get enough vitamin D. While these widespread vitamin D inadequacies are not



imminently harmful, maintaining adequate vitamin D levels can help to optimize your health by improving bone strength, reducing symptoms of depression, strengthening your immune system, and lowering your risk for cancer.

If you do not spend a lot of time in the sunlight, your vitamin D levels may be low.

If you have access, it’s a great idea to have your levels tested, so that you can correct your levels through vitamin D supplementation if necessary.

Eat plenty of fruits and vegetables

Vegetables and fruits are loaded with prebiotic fiber, vitamins, minerals, and antioxidants, many of which have potent health effects.

Studies show that people who eat more vegetables and fruits tend to live longer and have a lower risk for heart disease, obesity, and other illnesses.



Eat adequate protein

Eating enough protein is vital for optimal health, as it provides the raw materials your body needs to create new cells and tissues.

What’s more, this nutrient is particularly important



for maintenance of a moderate body weight.

High protein intake may boost your metabolic rate — or calorie burn — while making you feel full. It may also reduce cravings and your desire to snack late at night.

Get moving

Doing aerobic exercise, or cardio, is one of the best things you can do for your mental and physical health.



It’s particularly effective at reducing belly fat, the harmful type of fat that builds up around your organs. Reduced belly fat may lead to major improvements in your metabolic health.

According to the Physical Activity Guidelines for Americans, we should strive for at least 150 minutes of moderate intensity activity each week.

Don’t smoke or use drugs, and only drink in moderation

Smoking, harmful use of drugs, and alcohol abuse can all seriously negatively affect your health.

If you do any of these actions, consider cutting back



or quitting to help reduce your risk for chronic diseases.

There are resources available online — and likely in your local community, as well — to help with this. Talk with your doctor to learn more about accessing resources.

Use extra virgin olive oil

Extra virgin olive oil is one of the healthiest vegetable oils you can use. It’s loaded with heart-healthy monounsaturated fats and powerful antioxidants that have anti-inflammatory properties.



Extra virgin olive oil may benefit heart health, as people who consume it have a lower risk for dying from heart attacks and strokes according to some evidence.

Minimize your sugar intake

Added sugar is extremely prevalent in modern food and drinks. A high intake is linked to obesity, type 2



diabetes, and heart disease.

The Dietary Guidelines for Americans recommend keeping added sugar intake below 10% of your daily calorie intake, while the World Health Organization recommends slashing added sugars to 5% or less of your daily calories for optimal health.

Limit refined carbs

Not all carbs are created equal.

Refined carbs have been highly processed to remove their fiber. They’re relatively low in nutrients and may harm your health when eaten in excess. Most ultra-processed foods are made from refined carbs, like processed corn, white flour, and added sugars.



Health Tips

Studies show that a diet high in refined carbs may be linked to overeating, weight gain, and chronic diseases like type 2 diabetes and heart disease.

Lift weights

Strength and resistance training are some of the best forms of exercises you can do to strengthen your muscles and improve your body composition.



It may also lead to important improvements in metabolic health, including improved insulin sensitivity — meaning your blood sugar levels are easier to manage — and increases in your metabolic rate, or how many calories you burn at rest.

If you do not have weights, you can use your own bodyweight or resistance bands to create resistance and get a comparable workout with many of the same benefits.

The Physical Activity Guidelines for Americans recommends resistance training twice per week.

Avoid artificial trans fats

Artificial trans fats are harmful, man-made fats that are strongly linked to inflammation and heart disease.



Avoiding them should be much easier now that they have been completely banned in the United States and many other countries. Note that you may still encounter some foods that contain small amounts of naturally occurring trans fats, but these are not associated with the same negative effects as artificial trans fats.

Use plenty of herbs and spices

There is a variety of herbs and spices at our disposal these days, more so than ever. They not only provide flavor but also may offer several health benefits as



well.

For example, ginger and turmeric both have potent anti-inflammatory and antioxidant effects, which may help improve your overall health.

Due to their powerful potential health benefits, you

should aim to include a wide variety of herbs and spices in your diet.

Nurture your social relationships

Social relationships — with friends, family, and loved ones you care about — are important not only for your mental well-being but also your physical health.

Studies show that people who have close friends and family are healthier and live much longer than those who do not.

Occasionally track your food intake



Some people may benefit from working out how many calories they eat is by weighing their food and using a nutrition tracker. Tracking can also provide insights into your protein, fiber, and micronutrient intake.

However, while tracking, may help some people manage their weight, there is also evidence it can lead to disordered eating tendencies.

Always speak with a doctor before using this strategy.

Get rid of excess belly fat

Excessive abdominal fat, or visceral fat, is a uniquely harmful type of fat distribution that is linked to an increased risk of cardiometabolic diseases like type 2 diabetes and heart disease.



For this reason, your waist size and waist-to-hip ratio may be much stronger markers of health than your weight.

Reducing refined carbs, eating more protein and fiber, and reducing stress (which can reduce cortisol, a stress hormone that triggers abdominal fat deposition) are all strategies that may help you get rid of belly fat.

Avoid restrictive diets

Diets are generally ineffective and rarely work well long term. In fact, past dieting is one of the strongest predictors for future weight gain.

This is because overly restrictive diets actually lower your metabolic rate, or the number of calories you



burn, making it more difficult to lose weight. At the same time, they also cause alterations to your hunger

and satiety hormones, which make you hungrier and may cause strong food cravings for foods high in fat, calories, and sugar.

All of this is a recipe for rebound weight gain, or “yoyo” dieting.

Instead of dieting, try adopting a healthier lifestyle. Focus on nourishing your body instead of depriving it.

Weight loss should follow as you transition to whole, nutritious foods — which are naturally more filling while containing fewer calories than processed foods.

Eat whole eggs

Despite the constant back and forth about eggs and health, it’s a myth that eggs are bad for you because of their cholesterol content. Studies show that they have minimal effect on blood cholesterol in the majority of people, and they’re a great source of



protein and nutrients.

Additionally, a review involving 263,938 people found that egg intake had no association with heart disease risk.

Meditate

Stress has a negative effect on your health. It can affect your blood sugar levels, food choices, susceptibility to sickness, weight, fat distribution, and more. For this reason, it’s important to find healthy ways to manage your stress.

Meditation is one such way, and it has some scientific evidence to support its use for stress management and improving health.

In one study involving 48 people with high blood pressure, type 2 diabetes, or both, researchers found that meditation helped lower LDL (bad) cholesterol and inflammation compared with the control group. Additionally, the participants in the meditation group



reported improved mental and physical wellness.

The bottom line

A few simple steps can go a long way toward improving your eating patterns and wellness.

Still, if you’re trying to live a healthier life, do not just focus on the foods you eat. Exercise, sleep, and social relationships are also important.

With the evidence-based tips above, it’s easy to introduce small changes that can have a big impact on your overall health.

Just one thing

Try this today: There are lots of suggestions on this list that can help you improve your health, but it’s best to put just one or two into practice at a time so you do not get burned out. As more of these healthy actions become habits, you can add more into your routine.

Caesars Int’l Travel Company Celebrates 18 Years of IndiGo Airline

Caesars Int’l Travel Company is proud to celebrate the 18th anniversary of IndiGo airline, a pioneering force in the aviation industry since its inception in 2006. From humble beginnings, IndiGo has grown into India’s largest and most preferred airline, known for its low fares, punctuality, and customer-centric approach. Over the past 18 years, IndiGo has transformed air travel in India, making it accessible and affordable for millions. The airline's unwavering commitment to efficiency and service excellence has earned it a loyal customer base and numerous accolades.

Caesars Int’l Travel Company celebrated the 18th year launching of IndiGo airline and more than 15 years of partnership with IndiGo in representing as General Sales Agent (GSA) of Kuwait. The event was



conducted at the IndiGo GSA office in Kuwait. Manager Mr. Babu Pillai, and other staff were part of Caesars Travel Group CEO Mr. P.N.J. Kumar, the event.

IndiGo Team Visits Caesars Travel Group Office to Celebrate 18th Anniversary

In a special commemoration of IndiGo airline's 18th anniversary, the IndiGo team visited the Caesars Travel Group office in Kuwait. This visit marks a significant milestone in the long-standing partnership between the two companies, highlighting years of collaboration and mutual growth in the aviation industry.

The IndiGo delegation, led by Manager Mr. Babu Pillai, was warmly welcomed by the senior management team of Caesars Travel Group. The visit aimed to celebrate the enduring partnership and discuss future opportunities to enhance their collaboration.

Since its inception in 2006, IndiGo has revolutionized air travel with its focus on affordability, punctuality, and customer satisfaction. The partnership with Caesars Travel Group has been instrumental in expanding IndiGo's reach, particularly in the Middle Eastern market, ensuring seamless travel experiences for passengers.

The IndiGo team’s visit to the Caesars Travel



Group office underscored the importance of strong partnerships in the aviation industry. As IndiGo celebrates 18 years of excellence, the collaboration with Caesars Travel Group continues to play a vital role in its success story.

Emirates Cargo Leaders Visit Caesars Travel Group Head Office

In a significant move to strengthen relationships and discuss future collaborations, Mr. Abdelaziz Alzamar, Emirates Cargo Manager, and Mr. Jagdish Patidar, Cargo Sales Executive of Emirates SkyCargo, visited the Caesars Travel Group head office in Kuwait. The delegation was warmly welcomed by Mr. P.N.J. Kumar the CEO of Caesars Travel Group and Mr. Rishan Mohammed the Manager of Caesars Cargo, marking a key moment in their ongoing partnership.

The visit underscored the commitment of both organizations to excellence in cargo services and operational efficiency. It highlighted the strong bond between Emirates SkyCargo and Caesars Travel Group, aimed at enhancing service offerings and exploring new growth opportunities.

The CEO of Caesars Travel Group, Mr. P.N.J. Kumar expressed his appreciation for the enduring partnership with Emirates SkyCargo. “Our collaboration with Emirates SkyCargo has been pivotal in delivering exceptional cargo services to our clients. This visit reaffirms our commitment to working closely together to explore new avenues for growth and innovation in the cargo sector.”

Mr. Abdelaziz Alzamar also shared his thoughts, “Our partnership with Caesars Travel Group has been instrumental in our success in the region. We are excited about the future prospects and are committed to providing top-notch cargo solutions that meet the highest standards of efficiency and reliability.”

Mr. Jagdish Patidar added, “By leveraging

our combined strengths and expertise, we aim to enhance our service offerings and deliver unparalleled cargo solutions to our customers.”

The discussions also focused on future plans

centric cargo services.

The visit by Mr. Abdelaziz Alzamar and Mr. Jagdish Patidar to the Caesars Travel Group head office exemplifies the strong partnership and mutual



to expand Emirates SkyCargo’s footprint in the region, introduce new routes, and enhance service capabilities. Both companies emphasized their shared vision of providing seamless, efficient, and customer-

commitment to excellence in the cargo industry. As both companies look to the future, they remain dedicated to enhancing their collaboration and delivering superior cargo services to their clients.

Caesars Showcase

Caesars Int’l Travel Company Team Visits Royal Bhutanese Embassy in Kuwait

In a gesture of goodwill and diplomacy, the Caesars Int’l Travel Company team, accompanied by Rajesh Reghuration (Director of Commercial & Marketing) and Sandeep Menon (Sales Manager), made a courtesy visit to the Royal Bhutanese Embassy in Kuwait. The team conveyed their regards to His Excellency the Ambassador Chitem Tenzin and his esteemed staff, reinforcing the strong ties between the two entities.

The visit aimed to enhance the diplomatic and business relationships between Caesars Int’l Travel Company and the Royal Bhutanese Embassy, fostering a spirit of cooperation and mutual respect. The delegation was warmly received by Ambassador Chitem Tenzin and his team, who appreciated the gesture and the commitment to furthering bilateral relations.

The delegation from Caesars Int’l Travel Company conveyed their regards and best wishes to His Excellency the Ambassador and the embassy staff, expressing their appreciation for the warm hospitality and the opportunity to strengthen ties.

Rajesh Reghuration, Director of Commercial & Marketing at Caesars Int’l Travel Company, expressed his gratitude for the warm reception. “We are honored to visit the Royal Bhutanese Embassy



and convey our regards to His Excellency the Ambassador and his esteemed staff. Our discussions today pave the way for stronger ties and collaborative efforts to promote tourism and cultural exchange between our countries.”

Ambassador Chitem Tenzin also shared his thoughts,

“We greatly value the visit by Caesars Int’l Travel Company. Strengthening our relationship with key stakeholders in the travel industry is vital for promoting Bhutan as a unique travel destination. We look forward to working closely together to achieve our shared goals.”

Caesars Holidays – Your trusted holiday operator

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We offer many guided tours around the world. Wherever you choose to go, you will enjoy lots of advantages that make traveling with us different. The above photographs are few of our many destination departures, Baku, Almaty, Tablisi and many more.

Whether near or far from home, your trip will be local led and full of unforgettable experiences, with everything taken care of. At Caesars Holidays, we understand that each traveler is unique. Our dedicated travel consultants work closely with you to create bespoke itineraries that match your interests, preferences, and budget. Whether you're seeking a romantic escape, a family adventure, or a solo expedition, we craft the perfect holiday just for you.



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Places to Visit

Phuket Tourism

The largest island in Thailand, Phuket has everything the country offers. It is located in southern Thailand, on the Andaman Sea coastline. Serviced by the Phuket International Airport, the island sees no shortage of travelers at any time of the year. Golden beaches, numerous offshore islands, upbeat markets, a



high-octane nightlife, and thrilling watersports characterize Phuket. It is also one of the fastest-accessible beach destinations in Thailand.

Phuket has more than 40 stunning beaches. Beaches like Surin and Kata cater to families and individuals with eccentric tastes. Patong Beach caters to all those who like it cheap, loud, and crazy, even after the sun sets. Bangla Road, with its numerous bars and street food vendors, comes alive as the night ages. Those who shy away from dizzy bright lights and alcohol will find themselves at the Cabaret shows or even at the ever-popular street markets. The Phuket Walking Street or Phuket Weekend markets are places where one can spend hours sifting through various clothes, souvenirs, and novelty items.



Aside from all the glitz and swankiness, Phuket offers many traditional activities and experiences. Enjoying tropical weather all year round, the waters of Phuket come to life, brimming with marine habitats from November to February. Activities like snorkeling and scuba diving can be done at popular and scenic locations such as Phi Phi Islands and Similan Islands, which make for day trips by speedboat. Phuket is also the starting point for visiting many islands like James Bond Island.

Hidden in plain sight is also an immersive experience of Thai culture. Phuket Town heavily retains its Chinese influence and Sino-Portuguese history via its cuisine, cooking styles, architecture, and historical museums and buildings. Chalong Wat, a Buddhist temple, and Jui Tui Shrine, an important Chinese place of worship, embody how various religions and cultures coexist.

Phuket caters to all types of travelers - families, individuals, couples, or groups, across all budgets. With many high-end resorts along most beaches, hotels, luxury shopping outlets, and spas, Phuket is a haven for those looking to splurge big on their vacation and look good while doing it. One of the most visited islands in Thailand, it is relatively small and very easy to explore - most attractions in Phuket are just a tuk-tuk ride away.

Bali

An exotic tropical destination that flaunts scenic beaches and mountains, Bali is deep-rooted in culture and tradition, which adds to the charm of this scenic island.



Everyone from culture vultures to adrenaline junkies gravitate to Bali, an Indonesian province with a lot to offer travelers. Adventure seekers get their thrills by white-water rafting, climbing a volcano, riding all-terrain vehicles (ATVs or quad bikes), and taking snorkeling trips. Social media mavens adore the island's waterfalls, jungle swings, Instagram tours, and beaches—including on nearby Penida Island. Some of the best Bali tours help you dive into the island's unique culture by making silver jewelry, exploring Ubud's temples and rice fields, and watching a sunset kecak dance on the Uluwatu cliffs.

Istanbul



Istanbul is a city that mixes old and new, and the best way to explore it is through its mahalles (neighborhoods). Get your history fix in Beyoğlu—it's chock-full of 19th-century European elegance—or head to Sultanahmet and see the holy sites. Then, make your way to Nişantaşı for high-end shopping and trendy restaurants, or pop into a bar or cafe in edgy Kadıköy. That's just the start—we've got more ideas below.

Marrakesh, Morocco

Located at the foot of the Atlas Mountains, Marrakesh has changed little since the Middle Ages. You could spend days here wandering around maze-like alleyways discovering the city's colorful souks, palaces and gardens.

Morocco is a gateway to Africa and a country of dizzying diversity. With an outstanding balance between dynamic landscapes, colorful architecture and vibrant cities Morocco has much to offer and it is no wonder that every year more than 10 million of tourists around the globe choose it as their top destination.



Useful Travel Tips

Breathtaking beaches, bustling souks, vast expanses of desert, imposing snow-capped mountains, wondrous medinas, and mouth-watering cuisine there's a world of wonder to discover in Morocco. Not many destinations in the world can offer you this much variety, intrigue, and cultural experiences. Whatever kind of traveler you are,



Morocco has something for you from a wild adventure trip to a pampered beach getaway amidst its winding streets and friendly atmosphere. Morocco has a hundred faces and sounds, all ready to welcome the traveller looking for spice and adventure.

Exquisite Architecture all around the Country The cultural diversity of Morocco is reflected in the varied architectural beauties that can be found all across the nation. From majestic mosques to traditional riads and from brilliant palaces to sublime centers of religious study, Morocco has many fabulous buildings to admire. Many buildings feature the traditional tilework, known as zellige, as well as decorative carvings, woodwork, and plasterwork. Some of Morocco's most beautiful buildings include the Hassan II Mosque in Casablanca, the Saadian Tombs in Marrakesh, the Grand Mosque in Tangier, and the Mosque and University of al Quaraouiyine in Fes.

Mù Cang Chải, Vietnam

Get off the beaten path in this rural district where the rice paddy-terraced mountains and twisting streams will make you feel like you're living in a fairy tale.



The tourism and hospitality sectors have great potential for job creation and income generation. However, the historical reliance on ecologically damaging practices and prioritisation of foreign visitors over local culture and social inclusivity has resulted in high vulnerability to economic fluctuations influenced by global trends and markets.



Useful Travel Tips

Swiss contact takes a systemic approach to fostering sustainable tourism, focusing on minimising negative impacts on the environment. We aim to promote economic benefits, empower local communities, preserve cultural heritage, mitigate climate change, and ensure long-term success and resilience. We collaborate with governments, destination managers, the private sector, training providers and community groups – together, building a form of tourism that benefits present and future generations. Our expertise in around 20 countries for more than 20 years, allows us to tackle the challenges of sustainable tourism on a global scale.

Lofoten Islands, Norway



If you’re looking for the perfect mix of winter and spring then you need to check out the Logoten Islands. Technically located in the Arctic, it contains some of the warmest temperatures due to an elevation anomaly. It’s also a great place to watch the Northern Lights in the winter season.

It wasn’t until after World War II that Norway began to see mass tourism to its shores. Since then, tourism to Norway has gone from strength to strength. The international travel community quickly recognised the many merits of Norway as a destination. In fact, Norway has had nine notable landmarks and areas placed on the UNESCO World Heritage List, including the Geirangerfjord and the Nærøyford in Western Norway, the historic mining town of Røros, the stunning Vega islands, the Urnes Stave Church dating back to 1140 and the iconic Bryggen in Bergen.

Barcelona, Spain

Barcelona is the capital city of the autonomous community of Catalonia in Spain and Spain’s second most populated city, with a population of 1.6 million within its administrative limits. Its urban area extends beyond the administrative city limits with a population of around 4.7 million people, being the



seventh-most populous urban area in the European Union after Paris, London, Madrid, the Ruhr area, Berlin, and Milan. It is the largest metropolis on the Mediterranean Sea, located on the coast between the mouths of the rivers Llobregat and Besòs, and bounded to the west by the Serra de Collserola mountain range, the tallest peak of which is 512 metres (1,680 ft) high.

Founded as a Roman city in the Middle Ages, Barcelona became the capital of the County of Barcelona. After merging with the Kingdom of Aragon, it continued to be an important city in the Crown of Aragon as an economical and administrative centre of this Crown and the capital of the Principality of Catalonia. Besieged several times during its history, Barcelona has a rich cultural heritage and is today an important cultural centre and a major tourist destination.

Particularly renowned areas of interest are the architectural works of Antoni Gaudí and Lluís Domènech I Montaner, which have been designated UNESCO World Heritage Sites. The headquarters of the Union for the Mediterranean is also located here. The city is also famous for hosting the 1992 Summer Olympics as well as world-class conferences, expositions, and many international sport tournaments.

It is one of the world’s leading tourist, economic, trade fair, and cultural centres and its influence in commerce, education, entertainment, media, fashion, science, and the arts all contribute to its status as one of the world’s major global cities. It is a major cultural and economic centre in southwestern Europe, 24th in the world (before Zürich, after Frankfurt), and a significant financial centre.

Giza, Egypt

Home to the Great Sphinx and the Great Pyramid of Giza, this city was Egypt’s capital during the first Pharaoh's reign. It’s also a must-see on everyone's bucket list.



Egypt was known throughout its history as a destination for tourists and travelers since it was visited by "Herodotus" during the ancient time, when he got surprised because of the vast difference between Egypt and his homeland. Egypt maintained this image throughout the middle and modern history.

However, the discovery of the Pharaonic antiquities long time ago has added a special charm to Egypt, besides its unique religious and cultural monuments. On the other hand, Egypt enjoys a geographical location, and a moderate climate all the year-round, along with its smooth vast coastlines, and beaches with its unique treasures of coral reefs, providing Egypt with advantages of a competitive edge.

Comino Island, Malta

Accessible by ferry only from mainland Ċirkewwa, Comino is Malta’s least inhabited island. With only three residents reported since 2017, this small island boasts some of the clearest waters known to man. Popular for its blue lagoons, this is one island you have to visit.

Malta is a Mediterranean island and coastal destination with a tradition of tourism from the UK because of its historic links with Britain.

In fact, Malta is the largest of a group of three islands. The other smaller islands are called Gozo and Comino. Together these are known as the Maltese Islands. Most tourists stay on Malta but may visit at least one of the other islands on an excursion.

Malta has a long history as a number of nations have ruled the island in the past. Malta has a



key position in the Mediterranean Sea where number of important battles and sieges have taken place. The main town, Valetta, is an historic city enclosed by a number of fortresses which have been built to defend the city from invaders.

Bora Bora

The small island of Bora Bora (just about 6 miles long and a little more than 2 miles wide) overflows with beauty. A dormant volcano rises up at its center and fans out into lush jungle before spilling into an aquamarine lagoon. In fact, author James Michener, who wrote "Tales of the South Pacific," called Bora Bora "the most beautiful island in the world." The 18th-century British explorer James Cook even coined it as the "Pearl of the Pacific." The very definition of a tropical getaway, blissful Bora Bora



abounds with luxurious resorts, sunny skies, warm waters and friendly locals.

And as you might've already guessed, the main industry on this petite island in French Polynesia and its swarm of tiny motu (islands) is tourism. To that end, you can snorkel, explore Vaitape (Bora Bora's main port), hike Mount Otemanu and more. But there's a catch: Bora Bora is expensive – very expensive. In short, visit Bora Bora for natural beauty, visit for utter relaxation and visit if you have the money.

Maui

Maui is not nearly as large as the Big Island, nor is it as small as Lanai, as bustling as Oahu or as quiet as Kauai. For many Hawaii vacationers, Maui is just right – offering a taste of just about everything the Aloha State has to offer, from impressive wildlife to intriguing history and culture. While on a visit here, you can shimmy alongside professional hula dancers, golf along coastal fairways, sail down a zip line, snorkel alongside five different types of sea turtles or simply lounge along some of Hawaii's most notable beaches.



Editorial

Transforming Air Travel

Since I started working in the travel industry years back, noticed the phenomenal changes that happened in the industry which is so fast as at the moment, it has become a paperless industry like all others. Moreover, the category of airlines that we are seeing at the moment is really confusing with their business models such as Low-Cost Carriers, Full-

up in such a disaster of losing your money. The same way, travel agents are also facing the same consequences on how to communicate these rules to the passengers as it is also made as a long list of restrictions and ultimately, the passenger comes back to the travel agents for claims if anything contrary happens to their journey though the rules and

usually means that baggage is not provided or limited baggage and food and drinks on board with a cost that are offered by other carriers as free along with the ticket cost.

Ultra-Low-cost Carrier

An ultra-low-cost carrier is an airline that operates with a low-cost business model but different style of marketing by focusing on offering its customers airfare at much lower costs than competing legacy carriers and Low-cost carriers. These airlines offered unbundled fares, which do not include seat assignments, check-in or carry-on baggage fees, or in-flight meals. Each of these services incurs an additional cost, allowing passengers to determine which options they are willing to pay for.

Charter Airlines

A charter flight is one that is not part of the scheduled agenda provided by airlines. Once that aircraft is under your temporary control, you determine all the details. You decide flight times and destinations. You choose who comes with you on your flight. In short, a chartered flight can be said to be truly yours for the particular journey.

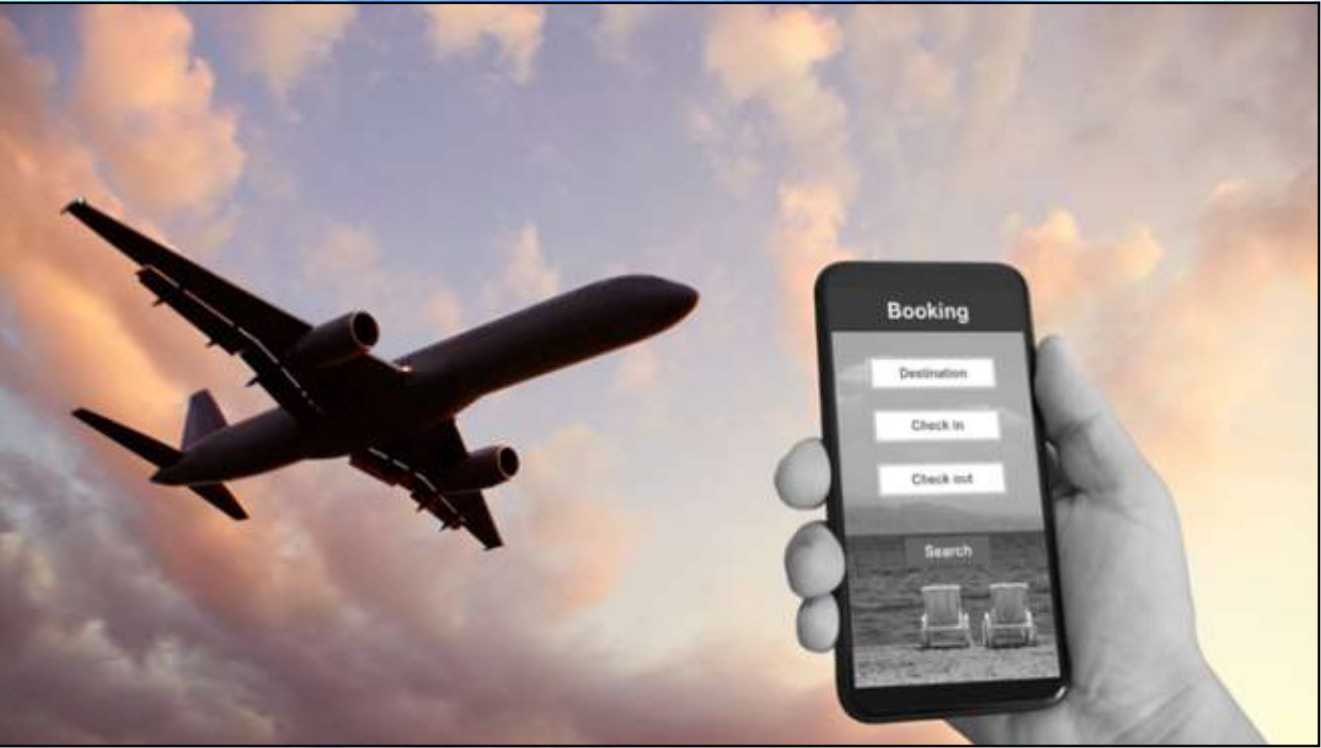
When it comes to planning a trip, one of the biggest decisions travelers' faces is choosing of what type of carriers? Legacy airlines are well-established, full-service airlines that have been around for decades, while low-cost carriers are relatively new players in the industry, offering budget-friendly options for travelers. Understanding the key differences between these types of airlines can help you make an informed decision that aligns with your travel needs and preferences. Most important point is to understanding about their rules/restrictions and regulations while buying a ticket in order to avoid any inconveniences during your trip.

Which Option is Right for You?

Choosing between the above business models of airlines are ultimately depends on your personal preferences, travel requirements, and budget. If you prioritize comfort, flexibility, and a comprehensive range of services, legacy airlines may be the better choice. On the other hand, if you're primarily focused on affordability, simplicity, and the ability to customize your travel experience, low-cost carriers might be more suitable. It's important to consider factors such as your destination, the duration of your trip, the level of service and amenities you require, and your loyalty to a particular airline or its partners. You should not regret later if your expected amenities are not available on board which determines the category of business model of aircrafts that you choose.

In most occasions, travel agents are blamed for the inconveniences that the passengers may face during their journey due to the several restrictions of their tickets but on the contrary, majority of the travel agents are disclosing it at the time of issuing the tickets though it's a cumbersome job to detail it on the same on tickets due to the countless number of rules/restrictions that the airlines are putting on these fares, therefore, the best option is to get complete details from the travel agent, listen to them carefully or force them to expose it in detail as we have seen some of the agents are not equipped in giving such detail to the customers due to their unprofessional approach since it is going to be a mandatory requirement to the customers whether you are buying a ticket from a travel agent or electronic portal sites, spend some to read the full manual as there are many hidden rules which may disturb your journey later. The reason being the growing science has made us the teacher and the student wherein we ourselves has to find out the results.

Mantra



fledged Carriers (Legacy Carriers), Ultra Low-Cost Carriers, Premium Carriers and so on but unfortunately, it's a mix of all cultures that the airlines are adopting at the moment. Simultaneously, the profile of travel agents also has changed to such a level that the electronic industry made it so convenient to passengers that there is no more necessity to approach any travel agent for their bookings. Even the travel virtual offices are very common now a days that you can depend on them though they have their own set-backs.

We are all happy to see these sorts of development of science in all aspects of our life and it's really exciting to see that most of the manual jobs were taken over by machines that made life easier. Thanks to this fast development in mechanization which has reduced the manpower to a certain extent and at the same time, many of our thought process were reduced by sharing the same to this advancement of science wherein humans become so independent and stress-free in their routine life. But there is a fact that still the humans have not yet reached to that level of adaptation of the advancement of science as the pace of improvements of science are so fast wherein, we find it difficult to catch-up at the same speed.

Let's take an example of aviation industry, while working here, we are still experiencing difficult situations to make the passengers understand about the psychologies of dealing with various types of airline concepts as for them, everything is in one frame, flying. They are absolutely correct in their way of thinking but the e-commerce has made it so difficult to explain each and every airline services which unfortunately, the airline management itself don't know many of them though they have it put in the market! This way, the airline has made their services so confusing to the entire market, discriminating it between the travel agents and the passengers by putting conflicting rules and regulations and at the end, the passenger is confused whether they have to depend on the travel agent or their websites? In brief, it's the duty of a passenger now that making a booking through the airline websites or any other online portal services, they should read the long list of rules/restrictions and other regulations published in these sites which are normally made in small fonts where none of the passengers can easily read it, otherwise, you may end

regulations are explained in detail to them by the travel agent that no claim will be accepted for such tickets.

Under such circumstances, who is to be blamed? Is it the travel agent or passenger?

It is a universal theory that so many rules are imposed to anyone, it will become so confusing and at the end, it's difficult to assess which rule will be important than the other and finally, the importance in grasping the rules disappears due to the limited capacities that a human mind can absorb. We must have experienced the same problems in our personal life also, that too much of activities at the same time may start making us to forget our daily routines as it is too complicated to simultaneously take care of everything which may be exceptionally possible for a few. If the airline should have followed a simple approach in dealing with their services, these sorts of human-made hassles could have been reduced a lot, giving a breathing space to both passengers and the travel agents. Therefore, I thought of giving below a brief explanation regarding the most popular category of airline business models operating at the moment which may give an insight to the passengers who are in the dark about these.

Legacy Carrier

Legacy carriers are likely to be the big names you think of when considering major airlines. A legacy carrier will often be a former national carrier or a flag carrier of a country and there are some carriers which has been privatized over the years like for example Air India. According to the aviation statistics there are over 650 airlines in this category.

Full-Service Carrier

Full-Service Carrier (FSC) also known as 'Full-Service Airline' are airlines that provide one standardized service to the passengers onboard of the same cabin class regardless of how much you have paid for your ticket. FSC is referred to as the model that an airline is operating and sometimes, referred to as a legacy carrier.

Low-cost carrier

A Low-Cost Carrier is an airline that does not offer traditional services that are normally included as part of the fare, thereby offering lower fares at the expense of fewer comforts and so many restrictions. This

HOW YOU CAN BE A PART OF “The Xpressions”



“The Xpressions” – Quarterly magazine is released every three months. Its previous issues had themes connected with the aviation industry but it was only an in-house magazine before. From 25th issue onwards, we have changed this magazine outlook from in-house to an open one, trying to reach everyone. The Xpressions encompasses articles, interviews, local/world news and aviation updates specially in new areas of research. Therefore, we extend an invitation to contribute the articles/texts of interest from everyone and it should be submitted through e-mail to xpressions@caesarstravel.com

The guidelines for submitting articles are as follows:

- We encourage authors to cover new developments in the field of world aviation scenario, opinions about various facets of travel industry, specially invite innovative and stimulating articles related to but not restricted to the list given below:
 - ◊ Job seekers in the aviation industry in Kuwait (can put their contacts)
 - ◊ Travel Industry happenings in Middle East
 - ◊ Airline updates
 - ◊ Articles from Middle-east based aviation leaders
 - ◊ Recent Movements of top officials in aviation field in Middle East
 - ◊ Current / Latest Development news by tourism platform - national / international
 - ◊ Features around - City /Hotels/ Cuisines / Adventure / Beach / Seasonal special
 - ◊ Suggestions & Feedback.

Basic Do's and Don'ts to be followed are:

- High-resolution photographs to be given for the authors as well as for the content. These should be in JPG format (and the file size should be in MB and not KB); these should not be blurred; should not be embedded in the word doc.; and should be 300 DPI. Photographs in the content should be either self-clicked photographs or images from Shutterstock website only to avoid the concerns of copyrights.
- For the author bio notes, the following points should be kept in mind:
 - ◊ The word count should be 50-60 words for personal job seekers with an exception to articles.
 - ◊ It should also contain contact details (email id) of the author(s) so that, the readers may connect to them.
 - ◊ The word count of the article should not exceed 1200 - 1500 words and should be written on one side of the A4 size paper
 - ◊ The article headings should not read like sentences; they have to be short and crisp.
 - ◊ The font should be Times New Roman (size 12) and margins should be normal (i.e. 1" all sides).
 - ◊ The use of references and/or endnotes is strongly encouraged, as they increase the relevance and significance of an article. Include all appropriate source information (e.g., author, publisher, title of book or article, magazine name, date/year of publication, country of publication, etc.). The author is responsible for obtaining any necessary permission for quoted or borrowed material.
 - ◊ The editorial committee formulated by “The Xpressions” will choose the articles from those submitted for publication. The criteria for the selection are: relevance to “The Xpressions” main theme of aviation, originality of scope, theoretical sophistication, and pictorial representation, besides others.

The contribution Articles should be submitted in Word format. All articles which are selected for publication will be proof read for content, spelling and grammatical errors. Also please note that it is not mandatory that these articles will be published in “The Xpressions” newsletter as it is strictly subject to screening before publishing. Furthermore, we may make minor editorial changes or correct spelling mistakes.

Looking forward to an overwhelming response and co-operation. All concerns, queries need to be addressed to xpressions@caesarstravel.com or contact the undersigned.

Submission Deadline for the next edition: 25th of September 2024 at 23:59 hours addressed to the above e-mail.